

3.4.3 Number of extension and outreach programs conducted by the institution through NSS/NCC/Red cross/YRC etc., (including the programmes such as Swachh Bharat, AIDS awareness, Gender issues etc. and/or those organised in collaboration with industry, community and NGOs) during the last five years (20

2020-21					
S.no	Name of the activity	Organising unit/ agency/ collaborating agency	Name of the scheme	Year of the activity	Number of students participated in such activities
1	Local and Vocal' '	NSS/KNC	Azadi ka Amrit Mahotsav'	2021	40
2	Webinar on Peer Pressure Among Youth	WDC & Coitopedia	Peer Pressure Among You	2021	43
3	Workshop on En-route to Happiness & Well Being	Dept of Physical education	Azadi ka Amrit Mahotsav	2021	45
4	A Talk on Methods of Contraception	WDC/KNC & Prathisandhi Foundation	Importance of Contracepti	2021	49
5	Discussion on Sexually Transmitted Infection	Discussion on sexually transmitted infection	sexually transmitted Infection and disease	2021	40
6	Unity Week	NSS/KNC	Unity in Diversity	2021	60
7	Inter College Debate Competition on Impact of technology	Consumer Club/KNC	Consumer Awareness	2021	14
8	Swachhta Diwas	NSS/KNC	Swaach Bharat	2021	56
9	E-talk on Breast Cancer Awareness	WDC/KNC & Canfem	Breast Cancer Awareness	2021	47
10	A Virtual PA Virtual Panel Discussion on Single-Use Plastic	IQAC, Green Beans & Department of Sociology	Single Use Plastic	2021	30
11	Interactive Session on Consumer Wellness	Consumer Club/KNC & End Now Foundation	Consumer Wellness	2021	48
12	Workshop on Stand-Up Session	NSS/KNC & Breakthrough (NGO)	Gender Sensitization	2021	97
13	Musing on Peace on occasion of United Nation International Day of Peace	Shinning Network	United Nation International Day of Peace	2021	40

14	Intra College Poster Making Competition on World Ozone Day	Green Beans Society	World Ozone Day	2021	24
15	Informative Session on Ecology of Butterflies & Dragonflies	Green Beans Society & BNHS and CEC-Delhi & WWF	Green Campus Initiative	2021	87
16	Awareness Campaign- Screening of short films on Single Use Plastics	Green Beans Society	single use plastics	2021	32
17	Webinar on Entrepreneurship & Stages of Starting a Successful Startup	The Incubation Cell & Miracles Unlimited	Entrepreneurial Skills	2021	69
18	22nd Anniversary of Kargil Vijay Diwas	NSS/KNC	Kargil Diwas	2021	57
19	Workshop on Gain from Rain	-NSS, KNC, INTACH & Bharat Sangh	National Mission on Water	2021	87
20	Webinar & Online Session on Yoga	NSS/KNC & NCC/KNC	Webinar & online session on	2021	150
21	Online Poster Competition	Green Beans/KNC & WWF	Ecosystem Restoration	2021	27
22	COVID-19 relief: Managing Covid Stress	NSS/KNC	Covid'19 Relief	2021	57
23	W&B's "Squad for Change" Workshop	NSS, KNC x Wishes and Blessings NGO	Self Development through social service	2021	52
24	Yoga Day Celebration	NSS, KNC x of Yoga4Unity"	Yoga	2021	35
25	Session on Home Management of Covid	NSS/KNC	Covid Relief	2021	54
26	Charkha Karyashala	Gandhi Study Circle	Gandhian Values	2021	41
27	Sankalp-An Inter NSS Unit Competition	-NSS, KNC x NSS, Sri Venkateswara College	NSS	2021	35
28	Webinar on a Stand-Up Session	NSS & Breakthrough (NGO) in partnership with L'oreal Paris	Gender Sensitization	2021	22
29	Multidisciplinary Conference on 'Investing In Our Water Futures: Opportunities and Challenges'	IQAC, KNC & National Water Mission, Ministry of Jal Shakti, GOI	National Mission on Water	2021	134
30	Leaf Art Activity	Shinning Network	Happiness campaign	2021	62

31	Poster Making Competition on Road Safety Month	NSS/KNC	Road Safety Months	2021	38
32	Being a Woman- Taboo Talk on Sexual and Reproductive Health	NSS/KNC, WDC & Prathisandhi	Reproductive health	2021	49
33	Interactive Session on 'Voice Against body shaming'	WDC & Prathisandhi	Gender Sensitization	2021	81
34	Understanding Sexuality and LGBTQ	WDC & Prathisandhi	Gender Sensitization	2021	76
35	Developing Healthy Boundaries: Learning to say NO	WDC & Prathisandhi	Gender Sensitization	2021	53
36	Winter Donation Drive	NSS/KNC	Helping needy & poor	2021	30
37	Red Dot Campaign on menstruation	NSS/KNC Sacchi Saheli (NGO)	Understanding menstruation	2021	88
38	Workshop on Consent and Communication	WDC & Prathisandhi	Gender Sensitization	2021	47
39	Lecture on "Towards the Circular Economy, Reducing Plastic Waste & Recycling	Green Beans/KNC	Reducing plastic waste	2021	35
40	Toycathon'21	NSS & Ministry of Education	Promotion of culture and heritage of India	2021	14
41	Pamper the Paws- An Online Campaign to promote Peace and Compassion	Shinning Network	Promotion of Peace and Compassion	2021	20
42	SayNotoSharpManja Campaign	NSS, KNC	spread awareness on the harmful impact of using "manja" for flying kites	2021	100
43	Employment Development Program- Elements of Start-up Ideas & Validation	Nurture- the Incubation Cell	Azadi ka Amrit Mahotsav'	2021	78
44	Army Day Celebration	NCC/KNC	Army Day	2021	46

45	Webinar for Vigilance Awareness Week -	NSS, KNC & Association for Democratic Reforms	Vigilance Awareness	2020	34
46	Care for Neighbours Campaign	NSS, KNC	Care for Animals	2020	23
47	Webinar on Cancer Prevention & Clean Yamuna	NSS, KNC & Dharamshila Cancer Foundation and research Centre	Cancer Prevention & Clean Yamuna	2020	82
48	Webinar on Online Safety for women	NSS, KNC & IAMAI	Safety for Women	2020	64
49	Workshop on Understanding Safe Workplaces and your Rights at Internship	WDC/KNC, WDC/Shahid Bhagat Singh College, WDC/Hindu College,	Sexual Harrasment at Workplace	2020	124
50	Vigilance Awareness Week & Unity Pledge	NSS/KNC	Vigilance Awareness	2020	79
51	Awareness Webinar on Breast Cancer	NSS, KNC & Pink Initiative	Awareness on Breast Cancer	2020	41
52	A Lecture on "Fitness & Nutrition: Myths and Misconceptions" under FIT India Movement Initiative	Department of Physical Education/Nso	FIT India Movement Initiative	2020	63
53	Webinar & Poster Making Competition on Blood and Plasma Donation	NSS, KNC & EVP Blood Connect	Blood and Plasma Donation	2020	34
54	Online Certificate Course on Entrepreneurship and Start-up	Nurture- The Incubation Cell & Global Human Foundation(GHF)	Entrepreneurial Skills	2020	24
55	Outreach Program under Teach India	Dr Shobhana Warriar and Dr YogeetaBhatia & NSS volunteer	Teach India	2020	28
56	Webinar on Cancer Awareness	NSS, KNC & Sanjeevani: Life beyond Cancer Foundation	Cancer Awareness	2020	94

57	Action for Compassion- An introductory event to International Day of Peace	Shinning Network & The Foundation for Universal Responsibility of His Holiness the Dalai Lama on United Nations	Peace & Compassion	2020	50
58	Panel Discussion & Brainstorming: Session on Reduction of Emission of Ozone Depleting Substance	Green Beans	Ozone Depletion	2020	62
59	Slogan writing competition and Dish it out under FIT India Campaign	NSS/KNC	FIT India Campaign	2020	19
60	- Kargil Vijay Diwas	NCC/KNC	Kargil Diwas	2020	90
2019-20					
1	Webinar on menstrual health and hygiene Management	NSS and Unicharm	NSS	2020	130
2	International Yoga Day celebration	NSS and The Ministry of AYUSH, Government of India	Fit India	2020	130
3	Stay at home Campaign	NSS KNC	NSS	2020	
4	Care for Neighbours Programe	NSS KNC	NSS	2020	130
5	Webinar on 'Shining in Solitude Through Life Coaching	Shinning Network	Shinning in Solitude	2020	18
6	Media Awareness Challenging Fake News in Times of COVID (Farzi ya Asli)	WDC, KNC & NGO Streedhan	Media Awareness	2020	16
7	All Faith Prayer Meet	Gandhi Study Circle, KNC.	prayer & faith	2020	89
8	Webinar on Rape Culture in India	SHLC. WDC/KNC, WDC Kirori Mal, Hindu College	Gender Sensitization	2020	20
9	Speech competition on "Burning of waste and how to tackle it	Green Beans Society KNC	Waste Management	2020	15

10	Chat with a Diplomat with Sophie Ross on Gender and Diplomacy	India- UK Youth Forum in collaboration with Global Youth KNC chapter and Political Science Department KNC	Gender and Diplomacy	2020	37
11	E-Cell collection of warm clothes from students & distribution to people in AIIMS.	Asar-Entrepreneur Cell	Winter Donation Drive	2020	20
12	Seminar on the importance of voting and being an active citizen	NSS and Association for Democratic Reforms (ADR)	Voting Rights of Citizen	2020	120
13	31st National Road Safety Week.	NSS, KNC & Indian Road Safety Campaign and Delhi Traffic Police in collaboration with Hero Motor Corp	Road Safety	2020	100
14	Project Dilaab	Asar-The Entrepreneur Cell	Community outreach	2020	20
15	Plantation Drive	NCC/KNC	Green Initiative	2019	100
16	Cleanathon	NSS & NCC/KNC	Swachh Bharat Abhiyan.	2019	80
17	Workshop on POCSO (Prevention Of Children from Sexual Offences) and gender equality	NSS, KNC & Sakshi NGO	POCSO	2019	68
18	A workshop on hormonal health and nutrition	WDC, KNC & TheaCare	Menstrual health and wellness	2019	40
19	Public Philosophy Session on 'Happiness'	Shinning Network & Society of Philosophers in America (SOPHIA).	Happiness campaign	2019	30
20	Awareness workshop on Yamuna Cleaning	Green Beans Society and Department of Environment and Government of Delhi NCT	Yamuna Cleanning	2019	20
21	Informative Talk	Friday for Future, NSS and Dept of geography/knc	Climate Change	2019	52
22	Seminar on Creating Awareness on Depleting Conditions of River Ganga.	NSS/KNC & Ministry of Jal Shakti, Government of India	National Mission for Clean Ganga	2019	15
23	College canteen composting plant	Green Beans/KNC	Green Environment	2019	20
24	Debate Competition, Unity Pledge	NSS/KNC	National Unity Day	2019	64

25	Cleanliness drive in the college	NSS & Gandhi Study Circle/KNC	Gandhi Jayanti	2019	78
26	Gandhi Utsav	Gandhi Study Circle, KNC.	Gandhian Values	2019	69
27	Nukkad Natak: "Sookha"	Gandhi Study Circle & Lakshya, KNC	Gandhian Values	2019	45
28	Social Media Campaign in October	Green Beans Society KNC	Single Use Plastic	2019	60
29	2nd Indo-German Film Festival on 'Active Ageing'	Department of Sociology & German Embassy	Film Festival	2019	120
30	Talk on "public diplomacy: leaving the cage" by Walter J. Lindner, German Ambassador to India	NSS, KNC & Delhi School of Transnational Affairs, University of Delhi	public diplomacy: leaving the cage	2019	15
31	Session by AditiNagrath, Learning Manager, Slam Out Loud Organization and MuskaanKohli, Senior Coordinator, Ladli Foundation.	NSS/KNC	celebrate 50 years of NSS	2019	59
32	Slam Poetry competition and the Photography competition	NSS/KNC	celebrate 50 years of NSS	2019	72
33	One year anniversary of the historic judgment which is a huge step towards equality-open mic session, art exhibition and various stalls..	NSS/KNC, Nazariya, a queer youth alliance and social justice advocacy group	"PRIDE 2019"	2019	100
34	Save Water social media campaign at Instagram and Facebook	Gandhi Study Circle, KNC.	Save Water Campaign	2019	26
35	Seminar on Consumer Rights and Protection	Consumer Club, KNC.	Consumer Awareness	2019	20
36	FIT INDIA pledge and program	NSS/KNC	FIT India Campaign	2019	20
37	Training programme for the students	WDC, KNC & Breakthrough (NGO)	Gender Sensitization	2019	60
38	'Gandhi In Me'	The Gandhi Study circle (GSC),Kamala Nehru College.	Gandhian Values	2019	57
39	Swachhta Pakhwada	NSS/KNC, UNDP & Josh Talk	Swachhta Pakhwada	2019	112
40	Oath taking ceremony	NSS, KNC and Kendriya Vidyalaya, Sadiq Nagar	Swachh Bharat Abhiyan	2019	120
41	CharchaForChange: Climate Chapter	NSS/KNC, UNDP & Josh Talk	Climate Action	2019	84

42	Collection drive for victims of flood in Assam, Bihar & UP	NSS KNC in collaboration with Goonj (NGO)	Collection drive for flood victim	2019	100
43	Visit to Kendriya Vidyalaya, Sadiq Nagar for Cleanliness Drive	NSS, KNC	Cleanliness Drive	2019	112
44	Poster making competition on the topic "water conservation"	NSS,KNC	Jal Shakti Abhiyan	2019	40
45	Deeksharambh-Peer Mentoring Session	NSS/KNC	peer mentoring	2019	14
45					
2018-19					
1	Yoga Day Camp	NCC/KNC & 4DGBN	Health	2019	85
2	One-day film festival	WDC, KNC & Public Service Broadcasting Trust (PSBT)	International Women's Day	2019	52
3	Panel discussion on 'Women and Entrepreneurship'	WDC, KNC & NCW, GOI	Women and Entrepreneurship	2019	30
4	Gender Sensitization Program	WDC, KNC & Safe City	Gender sensitization	2019	37
5	Ahimsa Silk Exhibition	WDC, KNC & NCW, GOI	Women and Entrepreneurs	2019	20
6	Awareness Program on Road Safety	NSS, KNC	Road Safety	2019	77
7	Workshp on Sustainable Lifestyle	Green Beans	Sustainable Lifestyle	2018	43
8	Inauguration of Ladies Special route no. 544-an initiative of Kamala Nehru College, Gargi College and Jeejabai Polytechnic	Students' Union/KNC & ICC/KNC	Safety for women	2018	59
9	Free Eye Check up Camp	NSS/KNC & Vision Eye Centre, New Delhi	Care for our eyes	2018	100
10	Rastriya Ekta Diwas	NSS, KNC	Unity & Nationalism	2018	100

11	Distribution of Vegan bags Awareness Program to protect	NSS/KNC & FAIPO	Protection of Animal	2018	100
12	Awareness on Vit Deficiency	NSS/KNC & Care Promise Welfare Society	Vit D defecinecy	2018	54
13	Mental Health Awareness Week Celebration	Department of Pyschology, KNC	Mental Health	2018	85
14	Young India Women Entrepreneurship Mission	Placement Cell, KNC	Women and Entrepreneurship Mission	2018	96
15	Gandhi Utsav	Gandhi Study Circle & Department of Physical education	Gandhian Values	2018	82
16	Essay Writing Competition	NSS/KNC	Surgical Strike Day	2018	20
17	Mindfulness workshop	Shinning Network, KNC	Mindfullness	2018	37
18	Cleanliness and Planatation Drive	NCC/KNC & 4DGBN	Swacch Bharat	2018	112
19	Buterfly Count	Green Beans & BHNS	Delhi Butterfly Month	2018	45
20	Campus Count of Dragonflies.	Green Beans & WWF	Dragib fly month	2018	58
21	Collection Drive for Relief	NSS/KNC, WDC/KNC & Goonj(NGO)	Kerala Relief Flood	2018	200
22	Awareness Workshop on Cyber Security	Students' Union/KNC & Delhi Police	Cyber Security	2018	100
23	Enrolment and Awareness campaign	NSS, NCC and Delhi Election Office	Electoral Enrolment Drive	2018	33
24	Swachta Awareness Campaign in Masjid Moth, Gautamnagar and Nitibagh	NSS and Swacch Bharat Abhiyan	Swacch Bharat	2018	76
25	Session on 'Women's Safety' and introduced Himmat+ app	Student Union & Delhi Police	Women's Safety	2018	60
26	Sanitation and hygiene awareness drive" in the Begampur slum area	NSS, KNC	Swacch Bharat	2018	20
		2017-18			

1	Swacch Bharat Rally	NCC	Swacch Bharat	2018	15
2	Yoga day Sankalp (oath taking) and Yoga sessions	NSS, NCC and NSO with 4 Delhi Girls Battalion	Yoga Day	2018	362
3	Group talk on 'Energy Conservation'	Green Beans and PCRA	World Environment day	2018	20
4	Lecture on 'Water Harvesting' by Ms. Jyoti Sharma, President, Forum for Organised Resource Conservation and Enhancement (FORCE)	Green Beans & Forum for Organised Resource Conservation and Enhancement (FORCE)	Save Water	2018	70
5	World Water Day	NSS and WASH	World Water Day	2018	45
6	Workshop on 'Mindfulness'	Shining Network & The Ahimsa Trust (NGO)	Mindfulness practice as a part of daily life.	2018	30
7	Sanitation and hygiene awareness drive in Sadiq Nagar	NSS/KNC & Dakshin Delhi Nagar Nigam	Cleanliness Drive	2018	20
8	Oath Taking ceremony	NSS/KNC	National Voters Day	2018	65
9	Trip to Sultanpur National Park	Green Beans	migratory birds and their habitat	2017	45
10	Oath taking and Fitness Run	NSS and MHRD	Rashtriya Ekta Divas	2017	26
11	Open House on Sexual Harassment	ICC/ KNC and CSGS, Ashoka University	Understanding Sexual Harassment	2017	50
12	Anti Cracker Campaign	Green Beans	Anti Cracker Campaign	2017	70
13	Book Marking Competition	Shining Network & Rally for Rivers	Youth Empowerment and Value Creation	2017	70
14	Self-Defence Program	Students Union & Delhi Police	Street Level Awareness Programme	2017	100

15	An informative lecture was held on the topic “What every woman needs to know about Breast and Cervical Cancers?” by Dr. Indu Aggarwal, Sr. Consultant, RGCIRC, Rohini.	NSS/KNC & Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC).	Cancer Awareness Program	2017	43
16	Seminar on Social Impact	NSS & NASSCOM foundation	sustained social impact	2017	84
17	Rally, pledge & Competitions on World Water day	NSS, KNC	Save Electricity	2017	79
18	Swachh Hi Seva	NSS/KNC	Swachh Hi Seva	2017	102
19	Sanitation and Hygiene Awareness Drive“ in the Begampur Slum and Swachata Awareness campaign	NSS and NCC	Consumer Awareness	2017	12
20	Electoral Enrolment Drive	NSS, KNC	Electrol Enrollment	2017	82
2016-17					
1	One hour yoga session, Sankalp, singing of the national anthem, lecture by Seema Kaushik on the importance of yoga	NSS/KNC	International Yoga Day	2017	300
2	Lecture on Women Entrepreneurship	Asar- Entrepreneur Cell, KNC	Women Entrepreneurship	2017	37
3	Panel Discussion on Online Safety for Women	WDC, KNC	Women Safety	2017	65
4	A session on Peace and Values	Shinning Network	Peace and Value	2017	36
5	Rally, pledge & Competitions on World Water day	NSS, KNC	World Water Day	2017	78
6	Essay Competition titled “Technology in the service of the disabled”	The Equal Opportunity Cell	Technology in the service of the disabled	2017	28
7	Oath Taking Ceremony	NSS, KNC	National Voters Day	2017	62

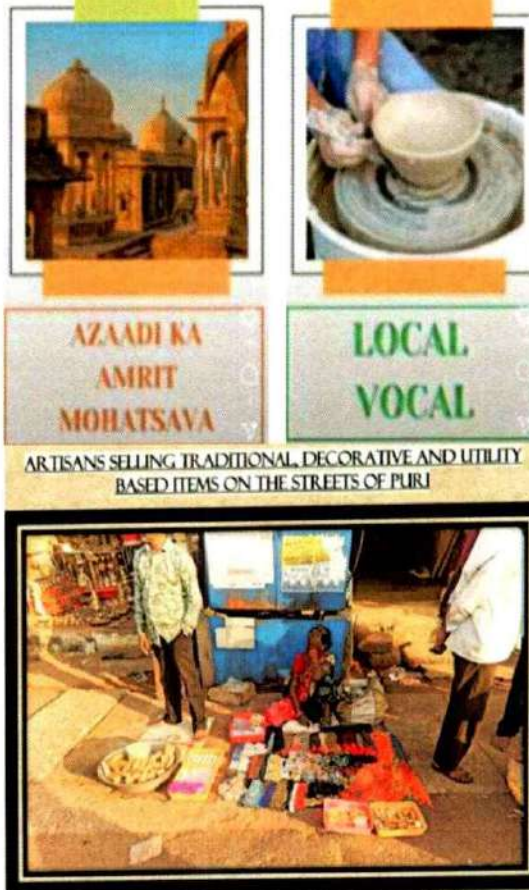
8	Slogan Making Competition- to make people aware of the hazards of burning crackers	Green Beans-The Eco Club	Anti crackers awareness	2016	56
9	Yoga Camp	NCC/KNC & NSS/KNC	Mental and Physical health Awareness	2017	112
10	Consumer Club, Nukkad natak	Green Beans, The Eco Club: Consumer Club/ Ministry of Consumer Affairs	Consumer Awareness	2016	62
11	Inter-college event to celebrate World Habitat Day	The Eco Club	World Habitat day	2016	20
12	Field excursions to Asola Bhatti Wildlife Sanctuary and Dam Dama Lake	Green Beans-The Eco Club	Acquaintance with environment	2016	25
13	Cleanliness Drive	NSS, KNC	Swachhta Pakhwara	2016	112
14	A Talk on Food Safety and Standardization by Dr. Singh.	The Consumer Club	Food safety & standarization	2016	58
15	Planting of Medicinal Plants	Green Beans Society & Garden Society	Plantation Drive	2016	12
16	Participation in Doordarsha Program titled 'Meri Beti'	Consumer Club	Gender Sensitization	2016	20
17	Interactive session & Visit to Unnati- a multipurpose Rehabilitation center of FOC, Najafgarh.	Gandhi Study Circle & Equal Opportunity Cell	Interaction with Differently abled	2016	27
18	Cleaning of classrooms, canteen, auditorium, foyer and campus (Cleanliness drive)	Green Beans	Swaach Bharat Abhiyan	2016	136
19	Plantation Drive	Green Beans Society & Gandhi Study Circle	Plantation drive	2016	43





2020-2021

1. **Name of the Activity-**'Local and Vocal' under 'Azadi ka Amrit Mahotsav'
Organizing society/Agency/institution-NSS, KNC
Total Number of Participants-40
Date- December 2021



Report- On the occasion of 'Local and Vocal' under 'Azadi ka Amrit Mahotsav', volunteers were asked to look for local handicrafts thriving in the market since older times to uplift their art in today's machinery-dominated era. Further, they were asked to trace back the importance or role/use of the handicrafts dating back to the independence period. This task enabled them to look for different handicrafts in their neighboring markets, in addition, coming across people and owners struggling from earlier times. We received a vibrant range of responses.

- 2: **Name of Activity-**Webinar on Peer Pressure among Youth
Organizing Society- WDC & Coitopedia
Total Number of Participants- 43
Date: 27th November 2021





Report -WDC in collaboration with Coitopedia; Sonali Gupta and Shreya Amod The speakers started the webinar by making us realize how much we do things under pressure and not because of our own will. For example- in the Squid game- people watched the series just to keep up with the trend and discussion happening in the friends' groups. Peer pressure can be negative or positive. Under negative peer pressure, we make decisions we wouldn't have on our own. For example - people compromise on studies to please their friends or indulge in alcohol, sex, other bad behaviors, etc just to look 'cool' & feel accepted by their peers. However, positive peer pressure also exists! Sometimes, our peers influence us to change our behavior for the better. For example: - A friend who is academic-oriented, being in her company will somehow influence her friends to also study. They ended by saying that peer pressure can be negative or positive, it depends on the company a person surrounds herself with.

3. Name of Activity-Workshop on En-route to Happiness & Well Being under the Azadi ka Amrit Mahotsav
Organizing Society- Department of Physical education
Total Number of Participants- 45
Date- 24th November 2021

Kamala Nehru College
 UNIVERSITY OF DELHI
 Department of Physical Education
 ORGANISES
 Workshop on
Enroute Happiness And Well Being
 (Under the Azadi ka Amrit Mahotsav Initiative)
 By
 Dr. Sonakshi Ruhela
 Associate Registrar
 Amity University, Dubai

PRINCIPAL
KAMALA NEHRU COLLEGE
 (University of Delhi)
 August Kranti Marg
 New Delhi-110049

24th November, 2021 1:00 to 2:00 P.M.
 Google Meet

Dr. Shweta Suri
 Convener
 Dr. Saryu Ruhela
 Co-convener
 Prof. Kalpana Bhakuni
 Principal

ROADMAP TO HAPPINESS AND WELL BEING



Report-The National Sports organization (NSO) organized a workshop on “Enroute Happiness And Well Being” under the banner of Azadi Ka Amrit Mahotsav on 24th November, 2021 at 1.00 PM for 3rd Semester NSO students. Dr. Sonakshi Ruhela, Assistant Registrar Amity University interacted with students.

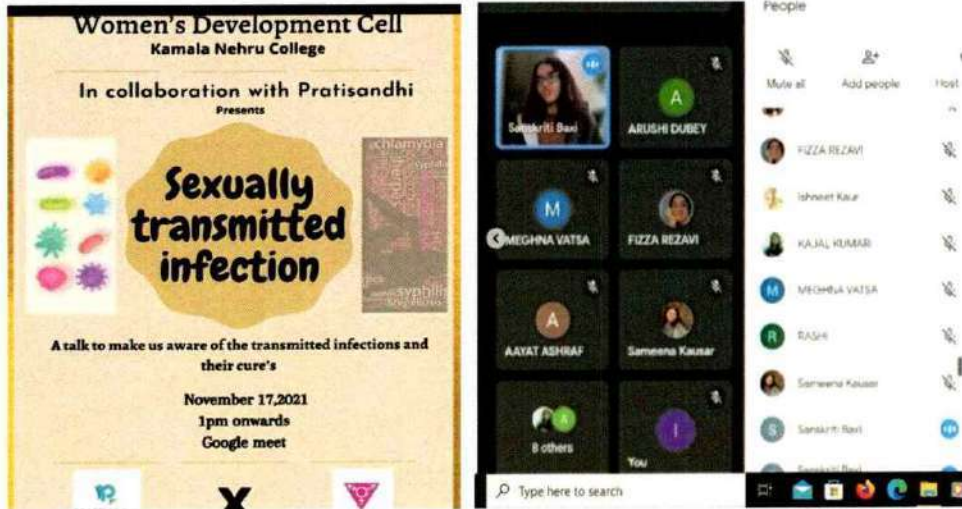
4. Name of activity- A talk on methods of contraception
Organizing Society: WDC/KNC & Prathisandhi Foundation
Total Number of Participants: 49
Date- 10 November 2021



Report-On 10th November 2021, a webinar was organized in collaboration with Prathisandhi, on the topic ‘methods of contraception with Ms. Sanskriti Baxi and Khushboo Nagpal as the guest speakers. The attendees were educated on different methods of contraception, different methods used for different genders, internal and external contraceptives and side effects of it (if there is any), and the rights and wrongs of using contraception. They talked in great detail about the action of Abstinence and how it is different from celibacy. Abstinence essentially entails refraining from engaging in intercourse. Basically, embracing the philosophy of if you don't want to get pregnant, don't engage in intimacy. This is a topic that is not really talked about in our society because of various taboos and stigmas associated with it, but this session was extremely helpful in understanding and developing cognizance about safe sex. We are thrilled with how insightful it turned to be!

5. Name of Activity-Discussion on Sexually Transmitted Infection
Organizing society –WDC, KNC & Prathisandhi (NGO)
Total Number of Participants- 40
Date- 17th November 2021





Report- On 17th November 2021, a discussion was held with Ms. Sanskriti Baxi on the topic of sexually transmitted Infection and disease. The event began with the speaker explaining what does STD means and then presenting a short video that briefly explained, how STDs can be transmitted from one person to another, what are its symptoms, and different ways by which you can cure it. The session mainly revolved around the topic of different types of STDs and their treatment. In the end, the students asked quite interesting questions

6. Name of Activity-Unity Week

Organizing society -NSS

Total Number of Participants- 60

Date- October 2021

Report -Four activities were conducted:

Day 1- All volunteers were asked to cook a specialty dish of their state and send a series of pictures or a short video of them doing the same, which would be accompanied by a caption describing the specialty of the dish.

Day 2- All volunteers were asked to express their regional culture in any form (digital, writings, phot, collage, video etc) as in how you are proud to belong from your state.

Day 3- All volunteers were asked to express their regional culture in any form (digital, writings, phot, collage, video etc) as in how you are proud to belong from your state.

Day 4- All volunteers were asked to express in any creative form (poster, vide, digital illustration, piece of writing) the unity among all living beings.

Day 5- All volunteers were asked to express in any creative form (poster, vide, digital Illustration, piece of writing) What is unity in their own words.



Day 6- To pay a tribute to Sardar Vallabhbhai Patel for his huge contribution in bringing a diverse India together
 Day 7-On this day, NSS KNC organized a pledge taking ceremony among all its volunteers on the platform, google meet as a tribute to Sardar Vallabhbhai Pate

7. Name of the Activity-Inter College Debate Competition on Impact of technology
Organizing Society- Consumer Club
Total number of participants- 14
Date- 27th October 2021



Report-

Awaken: The consumer club, Kamala Nehru College organized an Inter- college Bilingual Debate Competition on the google meet platform. The meeting began by welcoming the judges and participants. Dr. Kanupriya Dhingra, Assistant Professor at OP Jindal Global University, a research scholar at the Centre for Cultural Literacy, and Mr. Aditya Verma from Delhi University Debating circuit was appointed as the Judges for this competition. Then the program was taken forward by explaining the rules of the debate competition. Each participant

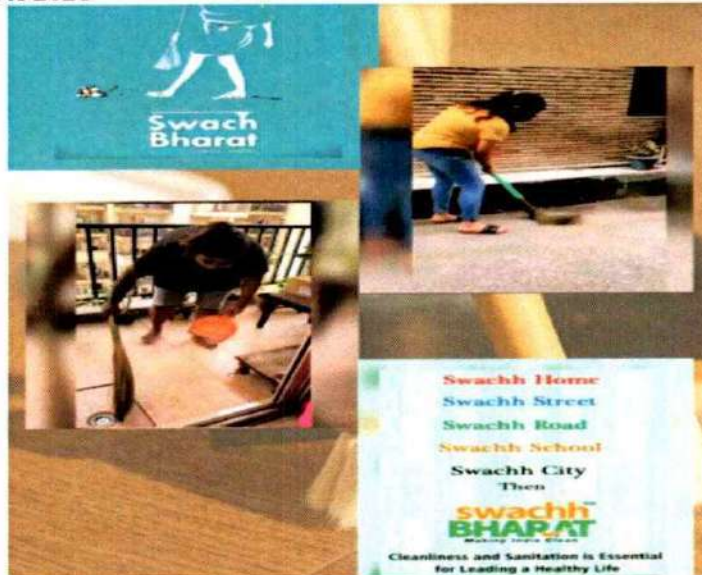
was allotted 4 mins in which 3 mins were for speaking on the topic - "Technology has become an asset for online frauds and fraudulent during COVID-19" and 1 min for the rebuttal round wherein the injector could question them on their points

8. Name of Activity-Swachhta Diwas under Swaach Bharat

Organizing society -NSS

Total Number of Participants- 56

Date- 5th October 2021



Report- On the occasion of Swachhta Diwas on 5th October, NSS KNC organized a cleaning drive where all volunteers were asked to send a short video of cleaning their surroundings. The event was organized on the theme, Let's make the world a better place to live in. the event was organized to promote cleanliness and instill the idea that maintaining a clean environment is very important for the better health of all humans, where we received a number of beautiful responses

9. Name of Activity-E-talk on Breast Cancer Awareness

Organizing Society: WDC/KNC & Canfam

Total Number of Participants- 47

Date- 8th October 2021



KAMALA NEHRU COLLEGE
 (University of Delhi)
 NAAC Accredited with 'A' Grade
 August Kranti Marg, New Delhi – 110049
 Phone: 011-26494881, Telefax: 011-26495964
 E-mail: kamla.nehru_du@hotmail.com



ESTD. 1964

कमला नेहरू कॉलेज
 (दिल्ली विश्वविद्यालय)
 रा. मू. एवं प्र. प. द्वारा 'ए' श्रेणी प्रत्यायित
 अगस्त क्रांति मार्ग, नई दिल्ली – 110049
 दूरभाष: 011-26494881, टेलीफैक्स: 011- 26495964
 ई-मेल: kamla.nehru_du@hotmail.com

Report -The webinar was conducted on 8th October 2021 and it was based on the 'breast cancer awareness', in collaboration with canfem which is a social enterprise enabling cancer warriors to get back to society and have the best quality of life with and after cancer. For the event, Dr. Mansi Chowhan who is an expert surgical oncologist was the guest speaker. The event commenced with dr Mansi Chowhan elucidating the audience about the root causes of breast cancer, various environmental and genetic factors leading to breast cancer, how can we conduct self-examination on our breasts, and what are the ways we can prevent it. During the question and answer round the doctor also busted a few myths about breast cancer, that everyone believes in and were unaware of. It was a really informative and insightful session that imparted basic knowledge about breast cancer and the importance of early detection and self-examination of our breasts, as it was reiterated in the session as well, "early detection saves lives".

10. Name of Activity- A Virtual Panel Discussion on Single-Use Plastic
Organizing Society: IQAC, Green Beans & Department of Sociology
Total Number of Participants: 30
Date of event- 6th October 2021

Kamala Nehru College
 Estd. 1964

K. Bhakuni
 PRINCIPAL
 KAMALA NEHRU COLLEGE
 (University of Delhi)
 August Kranti Marg
 New Delhi-110049

Report- Green Beans Society & Department of Sociology, KNC in association with IQAC, KNC organised a session on E-waste Management & Single-use plastic on 6th October 2021. Prof Madhav Govind CSSP, School of social sciences, Jawaharlal Nehru University & Ms Nitu Joseph, Operations Management strategist at Declutter solutions were the guest speakers. The first session was given by Prof Madhav Govind. The speaker talked about the significance of bringing a session on the topic "E-waste management" proceeding with the explanation and definition of e-waste. Advancing in his lecture he gave insights into how e-waste is a problem. Ms Nitu Joseph talked about single use plastics and introduced what Single-use plastics are. She talked about how in India the Ban on Single-use plastic was initiated and the present scenario. She highlighted the statistics and trends on single-use plastic waste globally and in India. She also highlighted using eco-friendly in the status quo and usage of plastic in different industries. She concluded her session by providing solutions. She introduced the concept of segregation, avoidance and retrieval of waste. It was an informative and interactive session.

11. Name of the Activity- Interactive Session on Consumer Wellness
Organizing Society- Consumer Club & End Now Foundation
Number of Participants-48
Date- 25th September 2021



The image shows a promotional poster for a webinar on "Social Engineering Crimes & Digital Intelligence" organized by the Consumer Club of Kamala Nehru College, University of Delhi. The speaker is Mr. Anil Rachamalla from End Now Foundation. The poster includes the date "25 sept 3 PM" and contact information for the club. To the right is a screenshot of a Google Meet session with many participants.

Report- The Consumer Club, Kamala Nehru College organized a webinar on Social Engineering crimes and Digital intelligence wherein we invited the speaker Mr. Anil Rachamalla, who is a Digital wellbeing expert and has 24+ years of overall experience in administering Oracle applications, tutoring, consulting and managing projects. He is also the founder of "End Now Foundation" which is Asia's first non-profit organization promoting internet ethics and digital wellbeing. The session began by introducing him and highlighting his tremendous achievements.

12. Name of Activity- Workshop on Stand-Up Session



Organizing Society-NSS/KNC & Breakthrough (NGO)
Total number of Participants-97
Date- 24th September 2021



Report-On NSS DAY, 24th September 2021, KNC NSS organized a webinar in collaboration with Breakthrough India on a Stand-up Session. The session was made open to all volunteers and also other KNC students. The special guest\speaker invited was Bisma Javed, a Gender-Sensitive Trainer who is active in spreading awareness on gender equality, gender sensitivity and women"s rights. She is also an award recipient of the "Rising Woman Award 2021". It was a very interactive session that highlighted the issues of women rights and circled the 5 strategies on what to do if one experiences or witness street harassment. The speaker laid stress on how helpful it would be for someone if we reached out a hand in need and led the audience through various ways on how to intervene in street harassment in a very calm manner. A total of 22 people participated in this webinar and made it a great success.

13. Name of the Activity- Musing on Peace on the occasion of United Nations International Day of Peace
Organizing Society- Shinning Network
Number of Participants-40
Date- 21st September 2021





Report- Musings on Peace' with the address on 'Reaping Peace Within' with guest speaker as Vivek Atreya (Indian Author, Ex Indian Administrative Service Officer, Motivational Speaker, Columnist and Visiting Professor at Shoolini University, Himachal Pradesh).

14. Name of Activity- Intra College Poster Making Competition on World Ozone Day
Organizing Society- Green Beans Society
Total number of participants- 24
Date- 16th September 2021



Report- On 16th September, the society organized an intra college poster making competition based on the theme of "MONTREAL PROTOCOL-Keeping us, our food and vaccines cool", to mark the occasion of the World Ozone Day. The entries were shared on our Facebook and Instagram pages and the winners were given certificates.



15. Name of Activity-Informative Session on Ecology of Butterflies & Dragonflies

Organizing Society- Green Beans Society & BNHS and CEC-Delhi & WWF

Total Number of Participants-87

Date -8th September 2021



Report- The Green Beans society organized two information sharing sessions on the Ecology of Dragonflies and the Ecology of Butterflies on 1st and 8th September respectively. The sessions were conducted in association with Bombay Natural History Society (BNHS) and World-Wide Fund for Nature (WWF) to mark the butterfly month. The guest speaker, Ms. Geeta Yadav, shared a lot of interesting facts and it was thoroughly relished by all the members of the society. Both sessions were very interactive and we also had Dr. Dinesh from DAV College Jalandhar and Mr. Karma from Bhutan who were carrying out research in the same field.

16. Name of Activity-Awareness Campaign- Screening of Short Films on Single Use Plastics

Organizing Society- Green Beans Society

Total Number of Participants -32

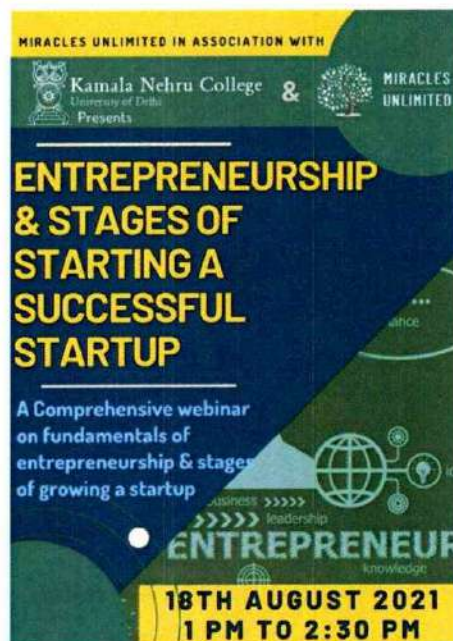
Date-19th August 2021





Report- An awareness campaign for single use of plastic was organised by Green Beans society in virtual mode. Two movies were screened after which students were made aware of the advantages of single used plastics

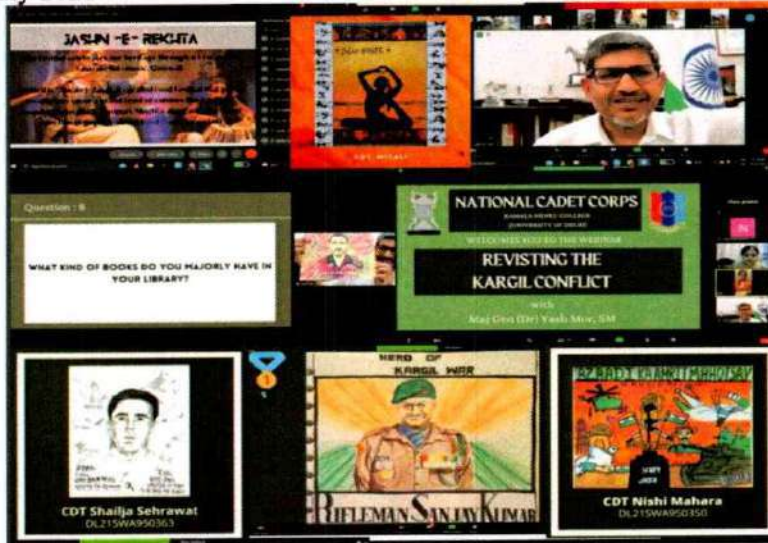
17. Name of the Activity- Webinar on Entrepreneurship & Stages of Starting a Successful Startup
Organizing society-The Incubation Cell& Miracles Unlimited
Total Number of Participants-69
Date- 18th August 2021



Report-Nurture- The Incubation Cell in collaboration with Miracles Unlimited organised a webinar on Entrepreneurship & Stages of Starting A Successful Startup. It was an interactive

session which had participation from other college students and students got to learn entrepreneurial skills.

18. Name of the Activity- 22nd Anniversary of Kargil Vijay Diwas
Organizing society -NSS, KNC
Total Number of Participants-57
Date- 26th July 2021

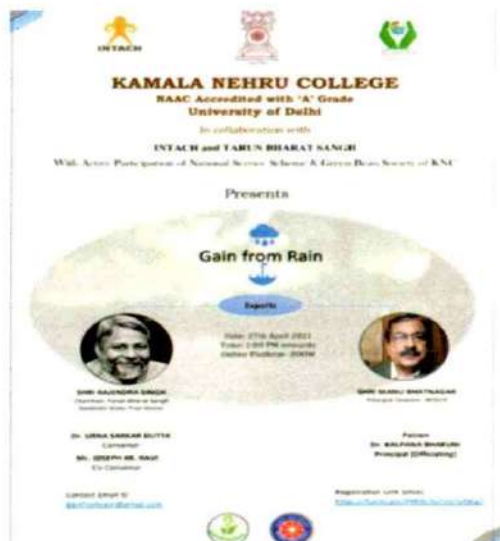


Report-KNC NCC celebrated the 22nd Anniversary of Kargil Vijay Diwas on 26th July, 2021 to pay homage to the sacrifice and valour of soldiers of the Indian Army. The chief guest and speaker for the event was Maj Gen (Dr.) Yash Mor, SM and the occasion was graced by the presence of our Prof. Kalpana Bhakuni. Maj. Gen. (Dr.) Yash mor is a third generation Army officer hailing from Haryana. He has been awarded the SENA MEDAL and ARMY CHIEF COMMENDATION CARD for gallantry during Counter Terrorist operations in South Kashmir. In the inspirational webinar, MAJ GEN (DR) MOR, shared his experience as a third generation Army officer, and also talked about his “second innings” after his retirement. He also emphasized on the importance of being fit, both physically and mentally, especially for women, who aspire to serve the nation.

19. Name of the Activity- Workshop on Gain from Rain
Organizing society -NSS, KNC, INTACH & Bharat Sangh
Total Number of Participants-87
Date- 14th June 2021

Report On 15th June, Kamala Nehru College hosted a workshop on Gain from Rain on 14th of June, 2021 over Zoom which was attended by NSS KNC Volunteers. The session was addressed by Shri Rajendra Singh and Shri Manu Bhatnagar. Mr. Singh is the Chairman of the Tarun Bharat Sangh and has won numerous accolades for his continued efforts for water sustainability. Mr. Bhatnagar is the principal director of INATCH. Throughout the session, the speakers shared their knowledge and expertise on different ways of rainwater

conservation, why it is necessary to conserve water for the prosperity of our planet, our environment and ourselves. The session also spoke about the neglect from the government and corporates to work towards protecting the environment and the vast dissatisfaction expressed by environmentalists.



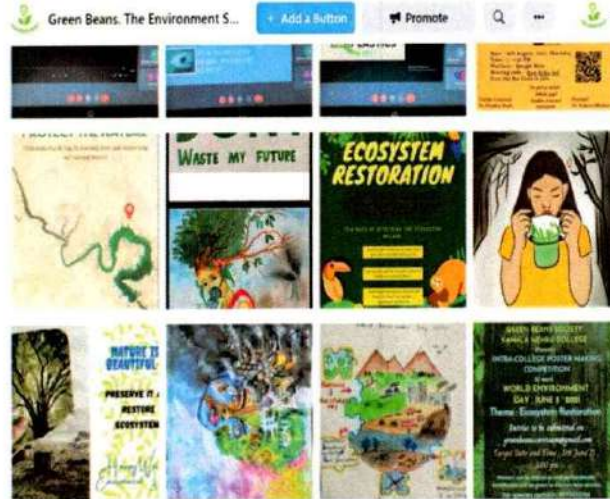
Report- On 15th June, Kamala Nehru College hosted a workshop on Gain from Rain on 14th of June, 2021 over Zoom which was attended by NSS KNC Volunteers. The session was addressed by Shri Rajendra Singh and Shri Manu Bhatnagar. Mr. Singh is the Chairman of the Tarun Bharat Sangh and has won numerous accolades for his continued efforts for water sustainability. Mr. Bhatnagar is the principal director of INATCH. Throughout the session, the speakers shared their knowledge and expertise on different ways of rainwater conservation, why it is necessary to conserve water for the prosperity of our planet, our environment and ourselves. The session also spoke about the neglect from the government and corporates to work towards protecting the environment and the vast dissatisfaction expressed by environmentalists.

20. Name of the Activity- Webinar & Session on Yoga, International Yoga Day
Organizing society –NSS/KNC & NCC/KNC
Total Number of Participants-150
Date- 21st June 2021



Report International Yoga Day, NSS KNC volunteers attended a workshop conducted by Priyamvada Tripathi, a certified Hatha yoga teacher and healer. She taught many asanas which help in finding balance between mind and body. The overall workshop was focused upon relieving mental and physical stress from the body. Ms Tripathi also encouraged volunteers to make simple goals everyday like not eating junk today, drinking more water, doing yoga for 15 minutes again in evening so that they can make a habit of living a healthier life

21. Name of Activity- Online Poster Competition
Organizing Society: Green Beans/KNC & WWF
Total Number of Participants: 27
Date-5th June 2021



To observe the World Environment Day on 5th June, 2021, we organised a poster competition that was marked by the enthusiastic participation of students. The entries were shared on the Facebook handle of the society. This year the theme of the world Environment Day was “Ecosystem restoration”. The UN also declared the decade from 2021 to 2030 as the decade on ecosystem restoration. This would help in poverty alleviation, combat climate change and prevent mass extinction. The decade will also mark the target for implementation of Sustainable Development Goals.

22. Name of the Activity- COVID-19 relief: Managing Covid Stress

Organizing society -NSS, KNC
Total Number of Participants-57
Date- May 2021



Take care of your body.

Meditate, eat well-balanced meals, take deep breaths. Aside from staying safe, stay healthy.



"We are Corona Warriors"



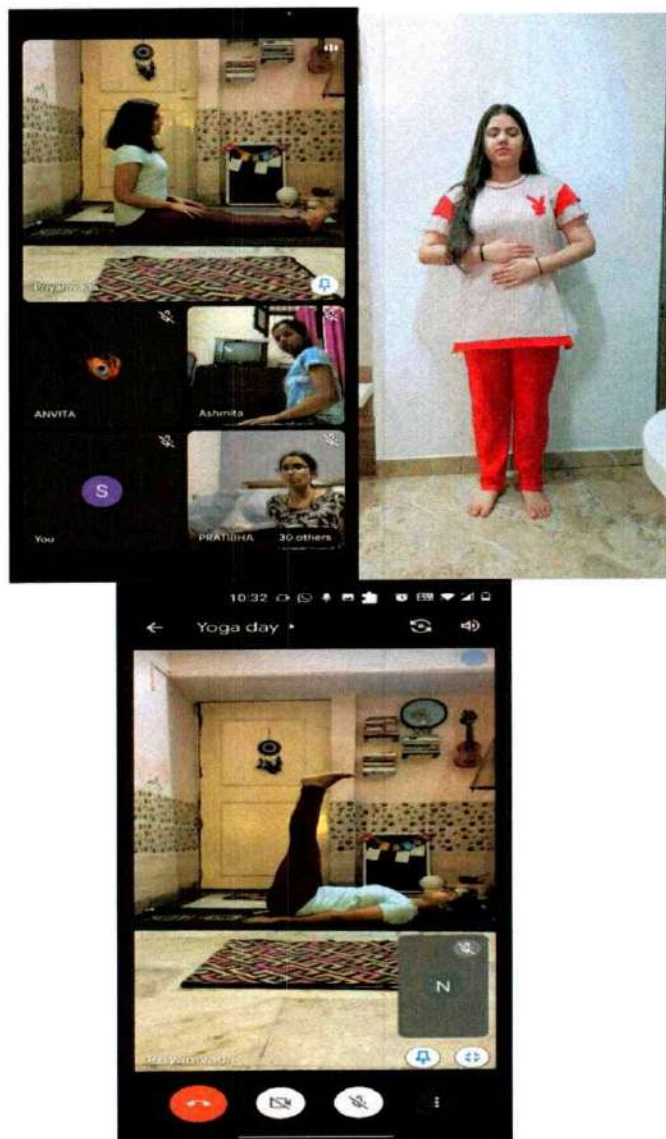
Report For the month of May, NSS KNC volunteers worked towards COVID-19 relief and verified leads and resources for medical emergencies faced by citizens all over India due to the second wave. On 9th May, the KNC helpdesk was opened and NSS Volunteers worked over there too along with verification of Instagram leads. On 9th May, the KNC helpdesk was opened and NSS Volunteers worked over there too along with verification of Instagram leads.

23. Name of the Activity- W&B's "Squad for Change" workshop
Organizing society -NSS, KNC x Wishes and Blessings NGO
Total Number of Participants- 52
Date- May 2021



Report NSS KNC: Volunteers registered themselves with W&B's "Squad for Change" workshop where the focus is on self-development of volunteers in the world of social service.

24. Name of the Activity- Yoga Day Celebration
Organizing society -NSS, KNC x of Yoga4Unity"
Total Number of Participants-35
Date-19th May to 27th May 2021



Report NSS KNC volunteers took part in Week 10 and 11 of Yoga4Unity's one month of yoga celebration in the days leading up to International Yoga Day on 21st June. The volunteers attended webinars on the benefits of yoga in daily life and also took part in morning sessions where they would practice yoga with qualified yoga gurus.

25. Name of the Activity- Session on Home Management of Covid-19

Organizing society -NSS, KNC

Total Number of Participants- 54

Date- 13th May 2021



*Greetings from Kamala Nehru College,
University of Delhi*... See more



KNC COVID HELPLINE
invite you to a session on
HOME MANAGEMENT OF COVID-19



DR. DURGESH THAKUR
MBBS, MD (Community Medicine), KMC Shimla
Thursday, 13th May 2021
2:00 p.m. onwards
Join Zoom Meeting
Meeting ID: 985 7634 7630
Passcode: KNC online
Live on: <https://youtu.be/PS2p20m9Q>

Teacher Coordinator: Dr. Niema Bansal
For further information: Anjali Singh (M) 94545 99764, Divya Shrivastava (M) 84485 77424

Don't forget to do 10 good deeds for at least 10 members of your family in 10 days.

KNC COVID HELPLINE - LIFELINE
An initiative of Kamala Nehru College for Teaching, Research & Support. Staff and other faculty of the College under South Campus, University of Delhi
Timing of Operation - 10:00 AM - 08:00 PM

Sl. No.	Faculty Name	Department	Phone No.	Sl. No.	Faculty Name	Department	Phone No.
1	Dr. Anjali Singh	Community Medicine	94545 99764	11	Dr. Divya Shrivastava	Community Medicine	84485 77424
2	Dr. Divya Shrivastava	Community Medicine	84485 77424	12	Dr. Nisha Bansal	Community Medicine	94545 99764
3	Dr. Nisha Bansal	Community Medicine	94545 99764	13	Dr. Pooja Singh	Community Medicine	94545 99764
4	Dr. Pooja Singh	Community Medicine	94545 99764	14	Dr. Rishika Singh	Community Medicine	94545 99764
5	Dr. Rishika Singh	Community Medicine	94545 99764	15	Dr. Sakshi Singh	Community Medicine	94545 99764
6	Dr. Sakshi Singh	Community Medicine	94545 99764	16	Dr. Simran Singh	Community Medicine	94545 99764
7	Dr. Simran Singh	Community Medicine	94545 99764	17	Dr. Tanisha Singh	Community Medicine	94545 99764
8	Dr. Tanisha Singh	Community Medicine	94545 99764	18	Dr. Ujjwal Singh	Community Medicine	94545 99764
9	Dr. Ujjwal Singh	Community Medicine	94545 99764	19	Dr. Varun Singh	Community Medicine	94545 99764
10	Dr. Varun Singh	Community Medicine	94545 99764	20	Dr. Yash Singh	Community Medicine	94545 99764

26. Name of the Activity-Charkha Karyashala
Organizing society -Gandhi Study Circle
Total Number of Participants-41
Date-28th April 2021



गांधी स्टाडी सर्किल
कमला नेहरू कॉलेज
दिल्ली विश्वविद्यालय

आयोजन करण में

'चरखा कार्यशाला'
डॉ. सीता बिम्रो
के साथ

दिनांक - 28/4/2021
समय - 1:15 बजे
माध्यम - गूगल मीट

संयोजक, डॉ. कामला भाटकुली

संयोजिका डॉ. सानीया बानो

संयोजक डॉ. कामला भाटकुली
संयोजिका डॉ. सानीया बानो



Report- On the occasion of Gandhi Jayanti, the Gandhi Study Circle organised a charkha workshop in which Dr. Sita Bimro shared her ideas and thought on Gandhi and his philosophy.

27. Name of the Activity-Sankalp-An Inter NSS Unit Competition
Organizing society -NSS, KNC x NSS, Sri Venkateswara College
Total Number of Participants-35
Date-12th April 2021




PRINCIPAL
KAMALA NEHRU COLLEGE
(University of Delhi)
August Kranti Marg
New Delhi-110049



Report NSS KNC volunteers took part in Sankalp organised by NSS Sri Venkateswara College on 14th April 2021. The volunteers representing our unit were - Riya Mehelawat, Deepanshi Sharma, Vartika Ghai and Prachi Singh from 1st Year. The volunteers presented the work done by NSS KNC during lockdown and cleared the first round of the event.

28. Name of Activity- Webinar on a Stand-Up Session

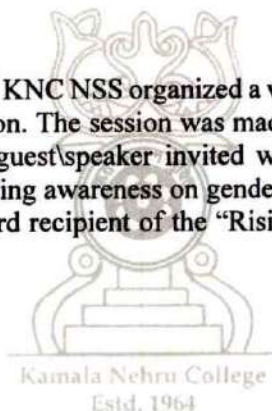
Organizing society-NSS & Breakthrough (NGO) in partnership with L'oreal Paris

Total Number of Participants- 22

Date- 11th April 2021



Report -On NSS DAY, 11th April 2021, KNC NSS organized a webinar in collaboration with Breakthrough India on a Stand-up Session. The session was made open to all volunteers and also other KNC students. The special guest/speaker invited was Bisma Javed, a Gender-Sensitive Trainer who is active in spreading awareness on gender equality, gender sensitivity and women's rights. She is also an award recipient of the "Rising Woman Award 2021". It



was a very interactive session that highlighted the issues of women rights and circled the 5 strategies on what to do if one experiences or witness's street harassment. The speaker laid stress on how helpful it would be for someone if we reached out a hand in need and led the audience through various ways on how to intervene in street harassment in a very calm manner. A total of 22 people participated in this webinar and made it a great success.

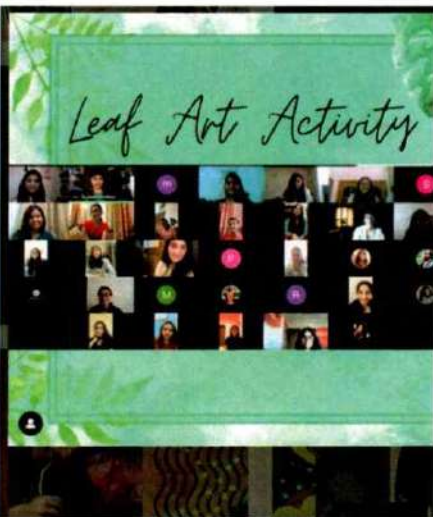
29. Name of Activity-Two days Multidisciplinary National Conference
Organizing Society- IQAC, KNC & National Water Mission, Ministry of Jal Shakti, GOI
Total Number of participants-134
Date- 10th March 2021



The poster is for a virtual conference titled "Investing in our Water Future: Opportunities and Challenges" held on 9th and 10th March 2021. It is organized by Kamala Nehru College, IQAC, in collaboration with the National Water Mission, Ministry of Jal Shakti, Government of India. The keynote speaker is Shri. Suneel Kumar Arora, and the valedictory speaker is Shri. Rajendra Singh. The poster also lists several other speakers and the organizing committee.

Report- A two days Multidisciplinary Conference was held on 10th & 11th March 2021 in collaboration with National Water Mission, Ministry of Jal Shakti, GOI. The theme of the conference was 'Investing In Our Water Futures: Opportunities and Challenges'. Faculty member across discipline presented papers on issues related to water.

30. Name of Activity- Leaf Art Activity
Organizing Society- Shinning Network
Total Number of participants-62
Date- 3rd^h March 2021



Report- On 3rd March, 2021, Leaf Art Activity was organised as a part of Bliss: The Happiness Campaign to commemorate United Nations' recognized 'International Day of Happiness 2021'. The online event had the participations 40 students from different colleges and universities of India who painted the leaves on the theme, Bliss- Exploring Happiness Through Art. The aim of the activity was to positively engage the participants in reflecting, exploring and unleashing their happiness through art

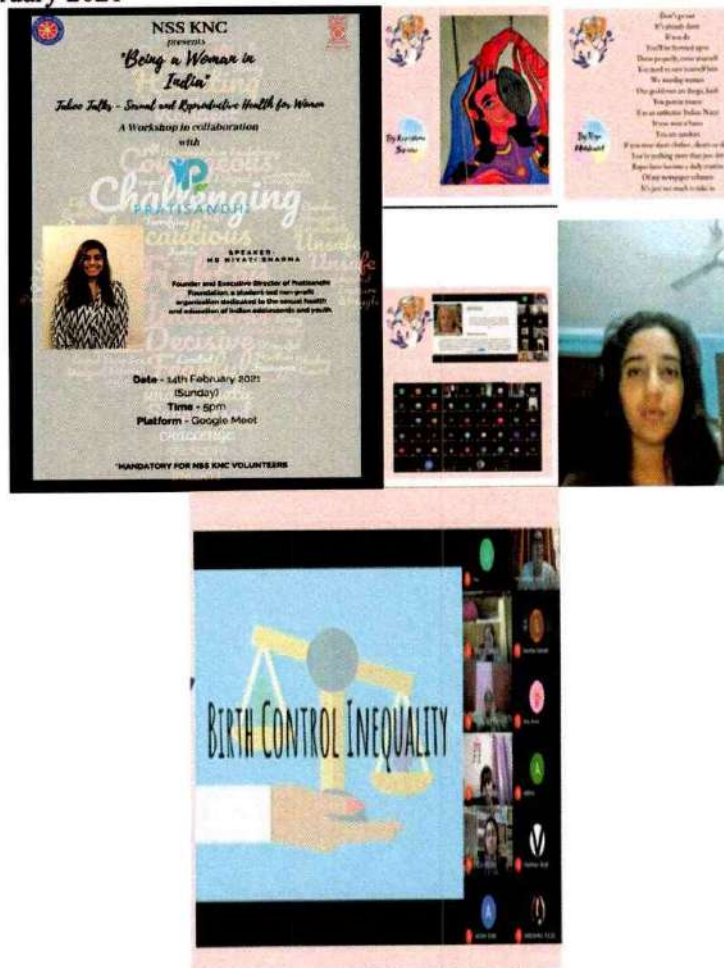
31. Name of the Activity-Poster Making Competition on Road Safety Month
Organizing Society: NSS/KNC
Total Number of Participants: 38
Date-20th February 2021



Report On the occasion of Road Safety Month organized a poster making competition on

20th February 2021. The theme for the same was - “Sadak SurakshaJeevan Raksha”. The winners for the poster making competition were: 1st - Pratibha Priya, B.A (Hons) Sociology, 1st Year, 2nd – Tania, Chaudhary, B.A (Hons) Sociology, 2nd Year and 3rd - Vanshika Jolly, B.A (Hons) Psychology, 1st Year.

32. Name of the Activity- Being a Woman- Taboo Talk on Sexual and Reproductive Health
Organizing Society: NSS/KNC, WDC & Prathisandhi
Total Number of Participants: 49
Date-14th February 2021



Report On the occasion of International Women's Day, NSS/KNC & Prathisandhi Foundation organized a four day event from 11th to 14th February on the theme “Being a Woman in India”. The events included Poem Writing Event, Posters/Art Making Event, a video of all NSS KNC volunteers talking about their experience as a woman in India and a Webinar on “Female Reproductive and Sexual Health”. This webinar spoke about about we need to know about female reproductive health, consensual sex and the methods of



contraception available to women in India.

3 Name of Activity- Interactive Session on 'Voice against Body Shaming'

Organizing Society- WDC, KNC and Prathisandhi (NGO)

Total number of participants-81

Date- February 3, 2021



Report- Women's Development Cell Kamala Nehru College organised a very insightful session on body shaming and body image issues, presented by Saharsh Panjwani, a volunteer of Prathisandhi. Girls were made to think about ourselves and how we look at our bodies, how we are insecure about our physical appearance. What we can learn from yesterday's session is that we need to look ourselves in a positive way and try to achieve healthy standards. Body image issues are sensitive and we must be empathetic to ourselves and other individuals, we should be careful to not do anything as to trigger the other person so that they become more conscious of themselves. In the same vein, we must be respectful towards everyone, including ourselves, assess our own behavior, recognise our mistakes.

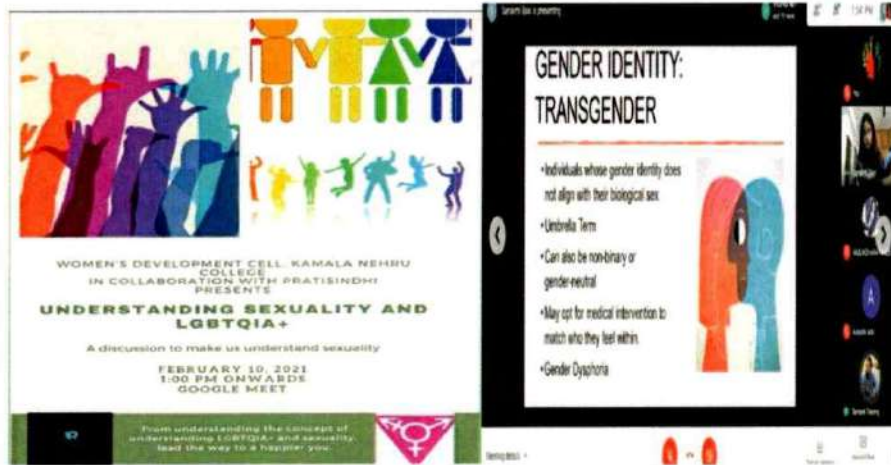
34. Name of Activity- Understanding Sexuality and LGBTQIA+

Organizing Society- WDC, KNC and Prathisandhi (NGO)

Total number of participants-76

Date- : February 10, 2021





Report- WDC in collaboration with Pratisandhi, a youth-led non-profit organization based in New Delhi, registered under Section 8 of the Companies Act working towards sexual health and education among adolescents and the youth community in India, organized four workshops that aimed at different pressing issues. Through these workshops, the students were made aware of the issues like consent, body shaming, sexuality, LGBTQIA+, and boundaries by interactive presentations and activities. Sanskriti Baxi, who has a major in Economics from the University of Delhi and is also the Head of Training and Research and Development conducted the workshops.

35. Name of Activity- Developing Healthy Boundaries: Learning to say NO

Organizing Society- WDC, KNC and Prathisandhi (NGO)

Total number of participants-53

Date- February 17, 2021





Report- *When we fail to set boundaries and hold people accountable, we feel used and mistreated. Boundaries are a part of self-care. Compassionate people ask for what they need, and NO is a complete sentence.*The Women's Development Cell of Kamala Nehru College organized a discussion on "Developing Healthy Boundaries : Learning to Say No" in collaboration with Pratisandhi on 17th February'2021

36. Name of Activity-Winter Donation Drive

Organizing Society- NSS

Number of Participants- 30

Date- 31st January 2021



Report- On 31st January 2021, a winter donation drive was organised by NSS KNC. The volunteers were asked to make donations containing essential items such as ration, masks and sanitisers along with warm clothing, blankets and covers to their neighbourhood or to an NGO.

37. Name of Activity- Red Spot Campaign Promote Conversations around Menstruation

Organising Society: NSS/KNC & Sacchi Saheli (NGO)

Total Number of Participants: 88

Date- 28th January 2021





Report NSS KNC volunteers along with Sacchi Saheli NGO took part in the Red Spot Campaign on 28th January 2021 to promote conversations around menstruation and encourage people to take part in conversations around female reproductive health to break the stigma and taboo around menstruation and periods in India.

38-Name of Activity- Workshop on Consent and Communication

Organizing Society- WDC, KNC and Prathisandhi (NGO)

Total number of participants-47

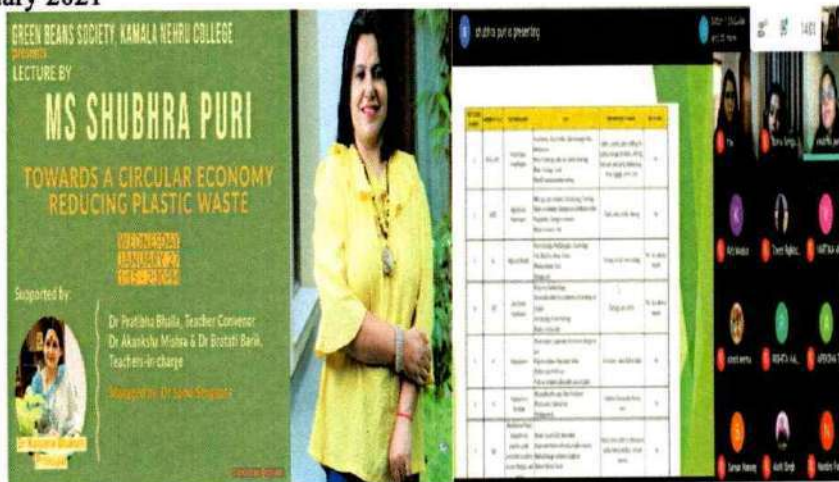
Date- 27th January, 2021



Report- Women's Development Cell of Kamala Nehru College, organised a workshop on "Communication and Consent" with Sanskriti Baxi- Head of Training and Public Speaking at Prathisandhi. The insightful discussion took place on 27th January 2020. Topics such as verbal and non-verbal communication were discussed in detail. Emphasis was laid on effective, two-way communication. Benefits of communication in human relationships were also highlighted by the speaker. Special emphasis was laid on "consent" and its significance in the 21st century was reiterated by the speaker. The relevance of "no means no" was also highlighted. The speaker not only talked about mutual consent but also, consent being given in a conscious state

of mind. Communication and consent were linked up together which made the session unique and informative.

39. Name of Activity- Lecture on “Towards the Circular Economy, Reducing Plastic Waste & Recycling
Organizing Society: Green Beans/KNC
Total Number of Participants: 35
Date- 27th January 2021



On January 27, 2021, the Society organised a lecture by Ms. Shubhra Puri “towards circular economy and reducing plastic waste”. Ms. Shubhra Puri is an environmental enthusiast and has been working in the field of waste management for more than 15 years. During the lecture, she highlighted the concerns regarding the waste segregation and the environmental impact of different types of plastics/other commonly used packaging material.

40. Name of activity- Toycathon'21
Organizing Society- NSS & Ministry of Education
Total Number of Participants-14
Date- 18th- 21st January 2021



There is a significant role to be played by the students in the field of social and cultural activities. The students should be encouraged to take part in such activities and to make a meaningful contribution towards the development of the society. The students should be encouraged to take part in such activities and to make a meaningful contribution towards the development of the society. The students should be encouraged to take part in such activities and to make a meaningful contribution towards the development of the society.



Report NSS KNC volunteers took part in Toycathon‘21 organized by the Ministry of Education, GOI from 18th January to 21st January. The volunteers participated in a number of teams and were required to design a blueprint for a toy that would promote the culture and heritage of India

41. Name of the Activity- Pamper the Paws- An Online Campaign to Promote Peace and Compassion

Organizing Society: NSS/KNC

Total Number of Participations: 20

Date- 8th February 2021



Report- As the name suggests, the aim of the campaign was to provide shelter, feed and rescue stray animals. This campaign was founded on the principles of peaceful co-existence and promotion of moral value. It was initiated in January 2021 and concluded on 8th of February 2021. Around 20 youth from all over India participated in this campaign along with the members of Shining Network. They sent their entries through e-mail and social media accounts. Their entries included videos and photos of them pampering the strays in every possible way—feeding, arranging shelter, providing warm clothing, looking out for adoption, etc. To raise awareness about strays, the social media team of the society posted valuable information such as diet charts for stray animals, common diseases found in stray

animals, do's and don'ts related to stray dogs and cats, etc. It aimed to accommodate and provide needful help to animals, who are often subject to neglect and violence.

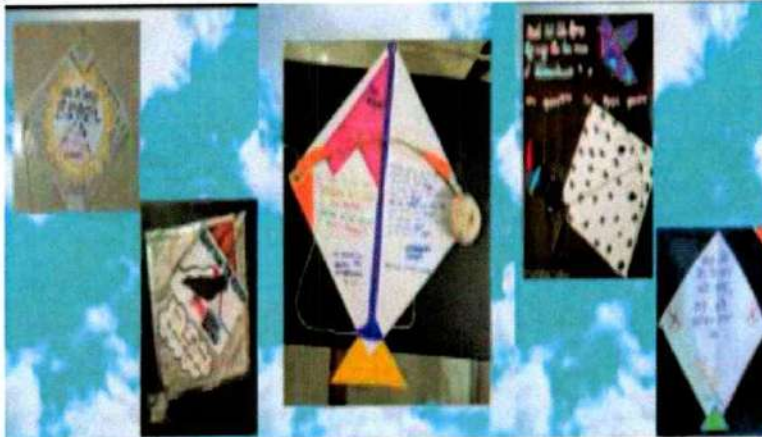
42. Name of activity- SayNotoSharpManja Campaign

Organizing Society: NSS, KNC

Total Number of Participants: 100

Date -9th January 2021

Report NSS KNC resumed its session on 9th January 2021 with the #SayNotoSharpManja Campaign. The activity required volunteers to make a kite from organic thread and cotton yarn and a slogan on it to spread awareness on the harmful impact of using "manja" for flying kites. These kites were showcased on 14th January on the occasion of Makar Sankranti.



Report The #SayNotoSharpManja Campaign resumed on 26th January 2021 (Republic Day) and volunteers took to Instagram, Snapchat and WhatsApp to spread awareness on the dangerous impact manja can have on birds and other animals and prompted the use of cotton yarn by posting pictures of their kites on social media.

43. Name of activity-Employment Development Program-Elements of Start-up Ideas & Validation

Organizing Society: Incubation Cell, KNC

Total Number of Participants:

Date -January 2021



KAMALA NEHRU COLLEGE
(UNIVERSITY OF DELHI)
ADMISSION OPEN TILL 27TH JANUARY 2021

Announces a Program on
"EMPLOYMENT DEVELOPMENT PROGRAM"
Elements of Start-up Idea Validation & Funding

STARTUP

Training and Assessment Partner
REGISTRATION & NITCON

Highlights

- Describe Concepts Like team work, Leadership and goal setting
- Exclude Parts of a report and its Format
- Plan a Venture
- Prepare a Report

What will you learn?

- Existing/Explored Business Ideas Ideas From the Market Place, Analyzing and Checking an Idea, Emotional Intelligence
- Working as a Team, Goal Setting, Financial Forecast, Profitability of Performance and Probability, Break Even Point, Business Project Report

Entry in the market

- Entrepreneur

Program Duration : 8 Hours Mode : Online Class Program Fee: ₹550/- + GST
Minimum Qualification : 12th Pass age no bar Seats : Only Females Candidate

ADMISSION OPEN (Registration Link)
<https://forms.gle/aFQ4NzQWV9Gz0AY08>

Contact
training@kncetdu.org
Aarti Chaudhary
+91-9910729809

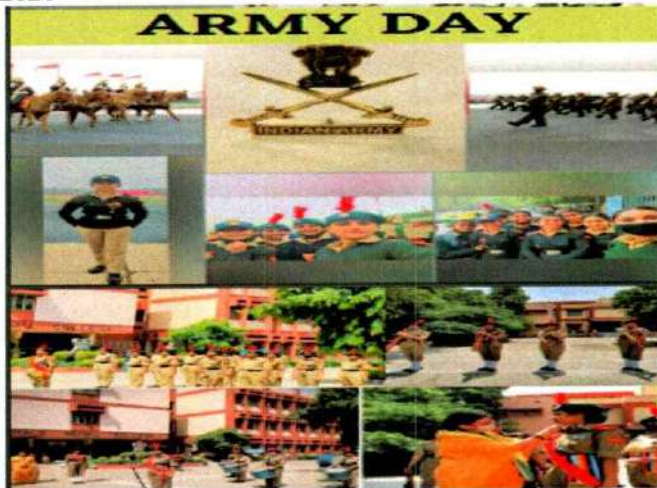
Report-

4. Name of Activity- Army Day Celebration

Organizing Society-NCC, KNC

Total Number of Participants-4

Date-15th January 2021

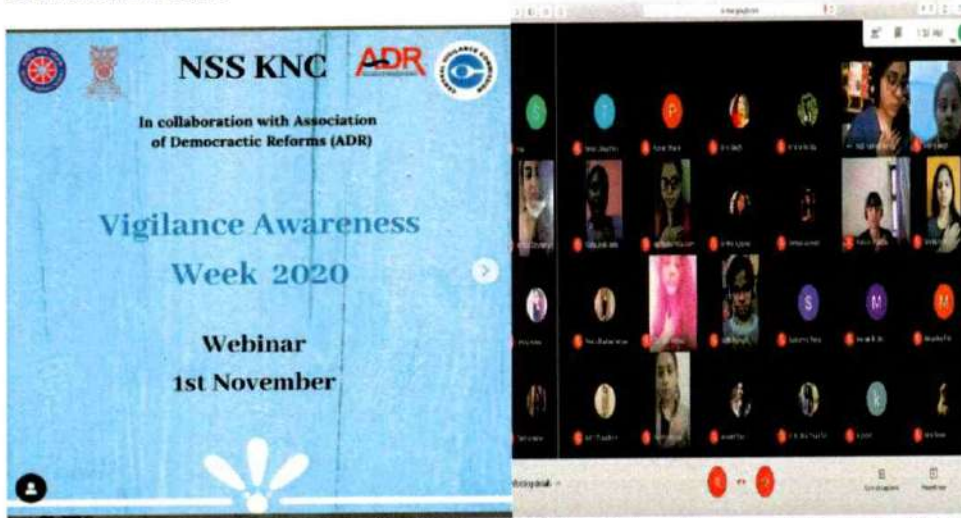


Report- Army Day marks a day to salute the valiant soldiers who sacrificed their lives to protect the country and its citizens. While celebrations take place across the country, the main Army Day parade is conducted in Cariappa Parade ground in Delhi cantonment. Cadets from KNC also visited Cariappa ground Delhi cantonment where they witnessed an army parade and saw the significance of the army towards our country. Online Painting competition was organized in which cadets took active participation.

45. Name of Activity- Webinar for Vigilance Awareness Week , 2020



Organizing Society-NSS, KNC & Association for Democratic Reforms
Total Number of Participants-34
Date-1st November 2020



Report- On 1 st November, NSS, KNC also collaborated with Association for Democratic Reforms to conduct a webinar as part of Vigilance Awareness Week. The topic was 'Lack of transparency in Political Funding: A cause of corruptio; The session was taken by Dr Ujjaini Halim who is the executive director of IMSE and West Bengal coordinator, National Election Watch. Topics like political finance regime, legal framework, need of transparency, etc. were discussed with students and teachers of KNC.

46. Name of Activity- Care for Neighbours Campaign

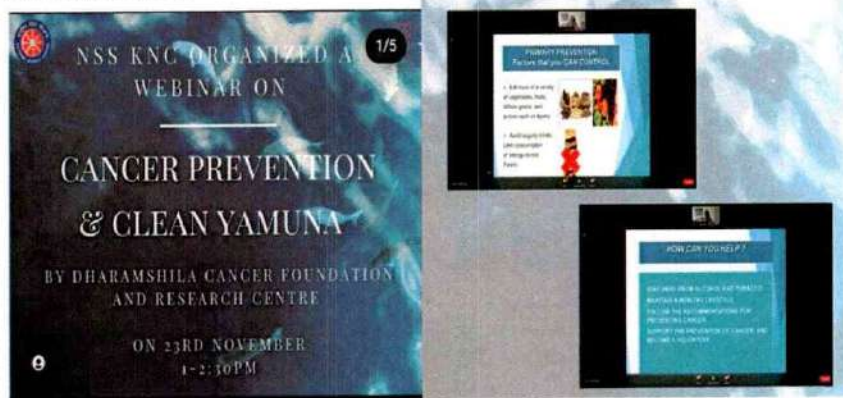
Organizing Society-NSS, KNC
Total Number of Participants-23
Date-9th to 13th November 2020





Report- From 9th to 13th November, NSS KNC continued their Care for Neighbours Campaign - Preshti for the festival of Diwali. Volunteers were encouraged to celebrate a kind Diwali by keeping in mind the hazards of crackers and going out during the pandemic. Along with this, volunteers also distributed sweets, clothes, foods and essential items like masks and sanitisers and fed the stray animals in their localities.

47. Name of Activity- Webinar on Cancer Prevention & Clean Yamuna
Organizing Society-NSS, KNC & Dharamshila Cancer Foundation and research Centre
Total Number of Participants-82
Date-23rd November 2020





Report- On 23rd November, NSS KNC organized a webinar on “Cancer Prevention and Clean Yamuna” in collaboration with Dharamshila Cancer Foundation and research Centre. This webinar focused on cancer prevention in youth and the correlation between the rise of cancer and excessive river pollution. The session was led by Dr. Surveshna Khanna (Founder/President of Dharamshila Foundation) and Dr. Pragya Singh (Senior Manager –Projects)

48. Name of Activity- Webinar on Online Safety for women

Organizing Society-NSS, KNC & IAMAI

Total Number of Participants-64

Date-20th November 2020



Report- On 20 th November, NSS KNC organized a webinar on Online Safety for Women organized by IAMAI where renowned Rakshit Tandon was the speaker. In this session, major issues like Cyber Stalking, Cyber Bullying, Sexting, Blackmailing, Bank frauds etc. were discussed. Main emphasis was placed on securing our social media apps like Whatsapp, Instagram, Snapchat, Twitter, Facebook etc. by activating 2-step verification. We also got to know of a website that could tell us when and how many times our emails have been hacked. Volunteers were told about how we can safeguard ourselves from frauds in net banking like PayTM, Google Pay etc. and also told about the personality of a cyberbully and how we can identify them and what we should do if we are at cyberbullied.

49. Name of Activity- Workshop on Understanding Safe Workplaces and your Rights at Internship

Organizing Society-WDC/KNC, WDC/Shahid Bhagat Singh College, WDC/Hindu College, WDC/Kirori Mal College & SHLC (Sexual Harrasment Law Compliance)

Total Number of Participants-124

Date-31st October 2020





SHLC
SEXUAL HARASSMENT
LAW COMPLIANCE ADVISORY

UNDERSTANDING
**Safe Workplaces AND YOUR
Rights at Internships**

A workshop in collaboration with



Date: Saturday, 31 October 2020
Time: 4:00 - 5:00 PM

Report- Are there any rights for interns who face sexual harassment at the workplace? Whom can interns complain to if they face sexual harassment? Answering these questions and so many more!

We bring to you in collaboration with SHLC-Sexual Harassment Law Compliance Advisory an insightful workshop on “Understanding Safe Workplaces and Your Rights at Internships.” The workshop aims to make students aware of their rights during internships in context of the Sexual Harassment of Women at the Workplace (Prevention, Prohibition and Redressal) Act, 2013.

50. Name of Activity- Vigilance Awareness Week & Unity Pledge

Organizing Society-NSS, KNC

Total Number of Participants-79

Date-28th -31st October 2020

NSS KNC
1/2

Vigilance Awareness
Week 2020

Integrity Pledge
28th October

NSS KNC
PRESENTS

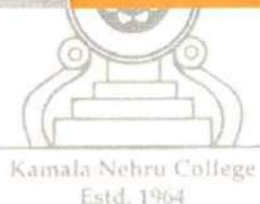
Unity pledge


DATE : 31ST OCTOBER 2020,
SATURDAY

TIME : 1:30 PM

PLATFORM : GOOGLE MEET

HUMBLE TRIBUTE TO SARDAR VALLABHBHAI
PATEL ON HIS BIRTH ANNIVERSARY




PRINCIPAL
KAMALA NEHRU COLLEGE
(University of Delhi)
August Kranti Marg
New Delhi-110049

Report- Vigilance Awareness Week had the following activities:

- On 28th October, NSS Unit of Kamala Nehru College took an Integrity pledge to support the fight against corruption.
- On 31st October, NSS KNC volunteers came together to take the Unity Pledge in honour of Sardar Vallabhbhai Patel Jayanti for the unity, integrity and security of our country. This is merged with Vigilance awareness week as Sardar Patel was also the man behind the formation of the Central Vigilance Committee.

51. Name of Activity- Awareness Webinar on Breast Cancer Organizing Society-NSS, KNC & Pink Initiative

Total Number of Participants-41

Date-26th October 2020



Report -On 26 th October, NSS KNC in collaboration with The Pink Initiative and Girl Up: Girl for Girl organized an awareness webinar on Breast Cancer for the occasion of Pink October. The webinar was hosted by Ujwala Raje, the co-founder of The Pink Initiative, an organization that works towards creating awareness on Breast Cancer.

52. Name of Activity- A Lecture on “Fitness & Nutrition: Myths and Misconceptions” under FIT India Movement Initiative

Organizing Society- Department of physical Education

Total Number of Participants-63

Date- 14th October 2020

KAMALA NEHRU COLLEGE
 (University of Delhi)
 NAAC Accredited with 'A' Grade
 August Kranti Marg, New Delhi – 110049
 Phone: 011-26494881, Telefax: 011-26495964
 E-mail: kamla.nehru_du@hotmail.com



कमला नेहरू कॉलेज
 (दिल्ली विश्वविद्यालय)
 रा. नू. एवं प्र. प. द्वारा 'ए' श्रेणी प्रत्यायित
 अगस्त क्रांति मार्ग, नई दिल्ली – 110049
 दूरभाष: 011-26494881, टेलीफैक्स: 011- 26495964
 ई-मेल: kamla.nehru_du@hotmail.com

DEPARTMENT OF PHYSICAL EDUCATION
Fit INDIA KAMALA NEHRU COLLEGE
 organizes a lecture on
FITNESS AND NUTRITION
 (Myths and Misconceptions)
 On 14-10-2020 at 1:00pm
 By
Eminent Speaker

Dr. Vikram Singh
 (Jawaharlal Nehru University)
FOR NSO AND SPORT STUDENTS
Dr. Saryu Ruhela **Dr. Kalpana Bhakuni**
 Organizing Secretary Principal
Dr. Shweta Suri
 Org. Committee Member
 Note: It is mandatory to fill feedback form to get the certificate.

Report- The department of physical education Organized a lecture on “Fitness & Nutrition: Myths and Misconception” under Fit India Movement Initiative on 14th October 2020 at 1.00 PM on zoom. The lecture was delivered by Dr. Vikram Singh from JNU, New Delhi.

53. Name of Activity- Webinar & Poster Making Competition on Blood and Plasma Donation
Organizing Society-NSS, KNC & EVP Blood Connect
Total Number of Participants-34
Date-11th -14th October 2020

NSS KNC IN COLLABORATION WITH
 EVP BLOODCONNECT
 PRESENTS A WEBINAR ON
BLOOD AND PLASMA DONATION
 Wednesday, October 14, 2020
 6 PM to 7 PM
 GOOGLE MEET

NSS KNC IN COLLABORATION WITH
 EVP BLOODCONNECT ORGANISE A
POSTER MAKING COMPETITION
Theme: Blood and Plasma Donation
RULES
 • The poster should be prepared on a standard A4 size
 • Both digital and handmade submissions will be accepted
 • Only one submission will be allowed for each participant
 • Use of offensive statements in the poster will lead to disqualification
 • Entries to be sent to
 dikshamsara@bloodconnect@gmail.com



PRINCIPAL
 KAMALA NEHRU COLLEGE
 (University of Delhi)
 August Kranti Marg
 New Delhi-110049

PRINCIPAL
[Signature]



Report- A Panel Discussion revolving around the theme of 'Starting up Start-ups' was held on 7th October, 2020. The panelists for the same were Mr. Ashish Agarwal, Co-founder, Shinx India, Mr Tarun Chhugani, former Director of Quality at Tele-performance India and Mrs Deepshika, Communications Specialist at Tech Mahindra.



54. Name of Activity- Online Certificate Course on Entrepreneurship and Start-up
Organizing Society- Nurture- The Incubation Cell & Global Human Foundation(GHF)
Total Number of Participants-27
Date- Starting from 10th October 2020

Report- From 11 th to 14 th October, NSS KNC worked in collaboration with EVP BloodConnect to create awareness on Blood donation and Plasma donation especially in the times of rising COVID cases. The following events were organized –

- 11 th Oct: Poster Making Competition on Blood donation. The winner was Isha Arora, BA (Hons) Psychology, 2 nd Year, Kamala Nehru College.
- 13 th Oct: Case Study Competition. Volunteers were given a hypothetical scenario and were asked to put their problem solving skills to use. The winner was Akshita Gupta, BCom Hons, 3 rd Year, Kamala Nehru College.
- 14 th Oct: Awareness webinar on blood and plasma donation led by Harsh Chaudhary, EVP Operations Head.



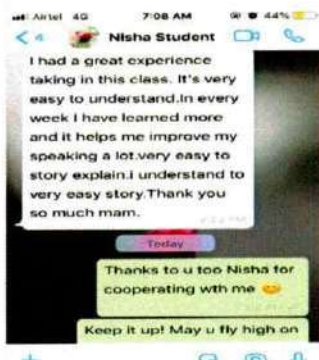
Report- World Mental Health day is an international day for global mental health education, awareness and advocacy against social stigma. Since the advent of Covid 19 pandemic, the world is on the verge of a mental health crisis, with daily doses of death, isolation and fear generating widespread psychological trauma. The department of Psychology marked World Mental Health day on 9th October, 2020 by organizing an online panel discussion on the theme, “Aftermath of the pandemic: What lies ahead?” With this theme, we aimed to initiate a conversation on the surge of mental health issues during and after the pandemic, providing insight into managing difficult emotions and dealing with crisis in a resilient manner. Renowned clinical psychologist and Professor of Psychology (retired) Dr. Aroona Broota and Founder Director at Action For Autism (AFA) and autism activist Ms. Merry Barua were invited. The panel discussion was moderated by Dr. Itisha Nagar, Assistant Professor of Psychology, Kamala Nehru College and was well attended by over 120 students.

55. Name of activity- Outreach Program under Teach India
Organizing Society- Dr Shobhana Warriar and Dr YogeetaBhatia & NSS volunteers
Total number of participants
Date- Started on 30th September, 2020




Mentor list

Sr. No.	Contact No.	Subject
1.	9811246301	Psychology 1 st Year
2.	9811246301	Psychology 1 st Year
3.	9811246301	Psychology 1 st Year
4.	9811246301	Psychology 1 st Year
5.	9811246301	Psychology 1 st Year
6.	9811246301	Psychology 1 st Year
7.	9811246301	Psychology 1 st Year
8.	9811246301	Psychology 1 st Year
9.	9811246301	Psychology 1 st Year
10.	9811246301	Psychology 1 st Year
11.	9811246301	Psychology 1 st Year
12.	9811246301	Psychology 1 st Year
13.	9811246301	Psychology 1 st Year
14.	9811246301	Psychology 1 st Year
15.	9811246301	Psychology 1 st Year
16.	9811246301	Psychology 1 st Year
17.	9811246301	Psychology 1 st Year
18.	9811246301	Psychology 1 st Year
19.	9811246301	Psychology 1 st Year
20.	9811246301	Psychology 1 st Year
21.	9811246301	Psychology 1 st Year
22.	9811246301	Psychology 1 st Year
23.	9811246301	Psychology 1 st Year
24.	9811246301	Psychology 1 st Year
25.	9811246301	Psychology 1 st Year
26.	9811246301	Psychology 1 st Year
27.	9811246301	Psychology 1 st Year
28.	9811246301	Psychology 1 st Year
29.	9811246301	Psychology 1 st Year
30.	9811246301	Psychology 1 st Year



Report The outreach programme began in September 2020 with a handful of volunteers from Kamala Nehru College and soon we had a total of 30 mentors ready to teach! Our students came from a bunch of government, feeder and open schools from Hauz Khas to Mayur vihar of classes 9th to 12th. The mentors were assigned to students on the basis of the subjects they were comfortable teaching. The mentors also maintained their own logbooks which had the following data - The classes from September to December were primarily taken over WhatsApp messages, voice and video calls and those who could manage to use Google meet, conducted classes over there. The mentors would take classes with a minimum duration of 1 hour to maximum of 2 hours on the days students were free and had access to phones and internet. The classes were mainly held either after hours of college (eg- 5pm to 6pm) or afternoon classes on weekends.




PRINCIPAL
KAMALA NEHRU COLLEGE
 (University of Delhi)
 August Kranti Marg
 New Delhi-110049

56. Name of Activity- Webinar on Cancer Awareness
Organizing Society- NSS, KNC & Sanjeevani: Life beyond Cancer Foundation
Total Number of Participants-94
Date-29th & 30th September 2020



The poster features logos for FIT INDIA, SANJEEVANI, and NSS KNC. The text reads: "NSS KNC IN COLLABORATION WITH SANJEEVANI: LIFE BEYOND CANCER PRESENTS A WEBINAR ON CANCER AWARENESS Hosted by: Florina & Sayanika Saturday, 29th August 1:00 PM to 2:30 PM". To the right is a screenshot of a Zoom webinar grid with many participants. The top of the screenshot says "NSS KNC X SANJEEVANI: LIFE BEYOND CANCER" and the bottom says "CANCER AWARENESS WEBINAR".

Report- Under the FIT India Campaign, on 29 th August, NSS KNC along with Sanjeevani: Life Beyond Cancer Foundation organized a webinar on the importance of physical fitness and health in cancer prevention. The webinar was attended by all volunteers of our unit.

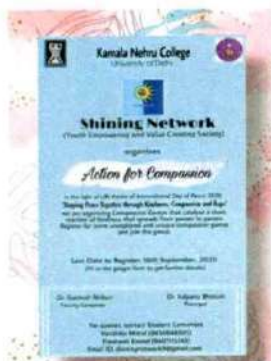
□ Under the FIT India Campaign, on 30 th August, NSS KNC organized an event where volunteers were asked to “Exercise at Home” along with their families to encourage staying fit during the COVID Lockdowns. Volunteers sent videos of them doing the same.

57. Name of the activity: Action for Compassion- An Introductory Event to International Day of Peace

Organizing Society: Shinning Network & The Foundation for Universal Responsibility of His Holiness the Dalai Lama on United Nations theme, Shaping Peace Together Through Kindness, Compassion and Hope.

Total Number of Participant: 50

Date- 21st September 2020



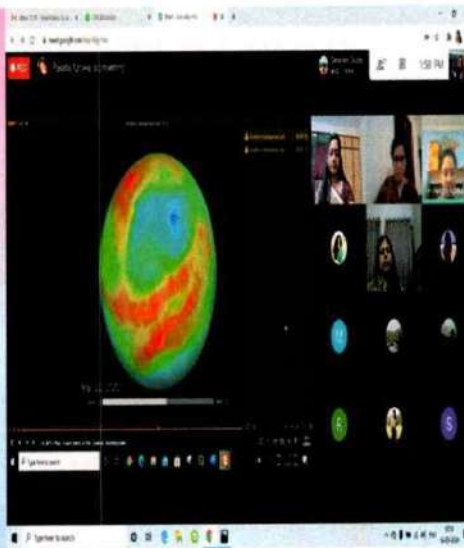
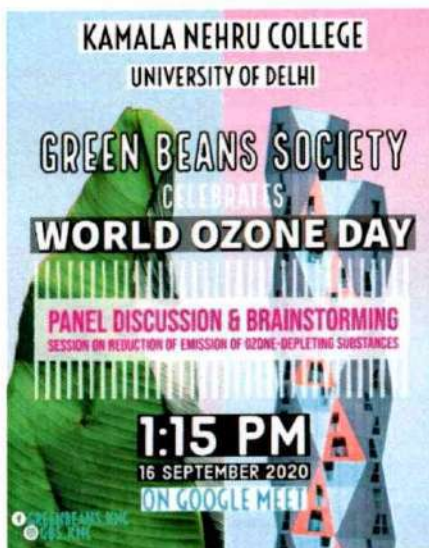
Report-In the light of the theme of United Nations International Day of Peace 2020, Shining Network organized an activity which commenced in the former week (17th September 2020-20th September 2020) of International Day of Peace. This was conducted under the aegis of Shining Network SOPHIA chapter. Participants from different universities and colleges across the country participated in various activities/campaigns organized by the society which focused on compassion towards self, family, friends and society. *Action for Compassion* consisted of various missions and games structured on the theme of kindness. The participants contributed by showcasing and documenting 4 missions or acts of kindness/compassion which were unique and subject to their own interpretation. They were highlighted later on the social media handles of the society.

58. Name of Activity-Panel Discussion & Brainstorming: Session on Reduction of Emission of Ozone Depleting Substance

Organizing Society-Green Beans Society

Total Number of Participants-62

Date-16th September 2020

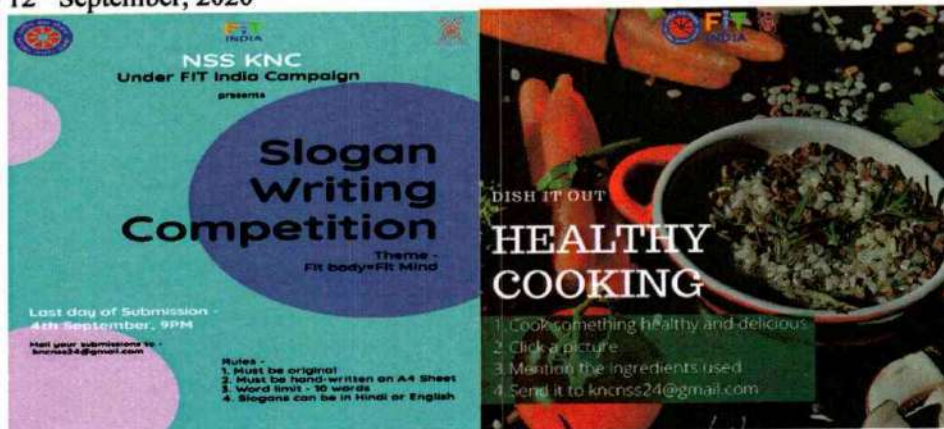




Report- The Society observed the World Ozone Day, 16th September, 2020, by having a virtual panel discussion on Google Meet platform. The student and teacher members of the society participated in it. The World Ozone Day this year was special as it marked the completion of 35 years of Vienna Convention for the Protection of the Ozone Layer wherein there was global initiative for the reduction of emission of ozone depleting substances. Dr. Pratibha Bhalla, teacher convener of the society presided over the panel discussion, which aimed at promoting awareness among the students about the importance of the ozone layer in the stratosphere and the need for its protection by reducing the emission of ozone depleting substances. The student representatives of the society discussed various aspects of Ozone Protection. The information and pictures of the event were posted on Facebook and Instagram page of the society.

Report- On 16 th September, NSS Volunteers attended a webinar organized by the Ministry of Human Resource Development is now known as the Ministry of Education on the new National Education Policy.

59. Name of activity- Slogan writing Competition and Dish- it-Out under FIT India Campaign
Organizing Society- NSS, KNC
Total number of participants-19
Date- 2nd- 12th September, 2020

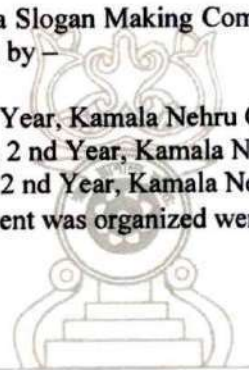


Under the FIT India Campaign –

□ 2 nd September, NSS KNC organized a Slogan Making Competition with the theme “Fit Body = Fit Mind.” The top 3 slogans were by –

- o 1 st - Shraddha Bisht, BCom Hons, 3 rd Year, Kamala Nehru College
- 2 nd - Ashmita Kumari, BA (Hons) Hindi, 2 nd Year, Kamala Nehru College
- 3 rd - Isha Arora, BA (Hons) Psychology, 2 nd Year, Kamala Nehru College

- 9 th September, a healthy cooking event was organized were volunteers sent in



recieps of homemade food rich in nutrients. These recipes were shared on our blog “Eunoia.”

- 12 th September, a quiz was organized on “Sport Stars of India.” The top 3 positions were bagged by –
o 1 st – Aarushi Pandey, BA (Hons) Psychology, 3 rd Year Kamala Nehru College
2 nd – Isha Arora, BA (Hons) Psychology, 2 nd Year, Kamala Nehru College
3 rd – Mantasha Moazzam, BCom Prog, 2 nd Year, Kamala Nehru College

60. Name of Activity- Kargil Vijay Diwas
Organizing Society- NCC, KNC
Total Number of Participants-90
Date-26th July 2020



NATIONAL CADET CORPS
KAMALA NEHRU COLLEGE

PRESENTS A WEBINAR ON

KARGIL VIJAY DIWAS

MRS. RACHNA BISHT RAWAT
An Author and Journalist

On July 26,2020, 4 pm onwards

Platform: Zoom App

• Registration on the provided link is mandatory to attend the session . (available in bio @knc_ncc)

NCC Convenor
Mrs. Jayanti Bala

SUO Khushi Bhardwaj



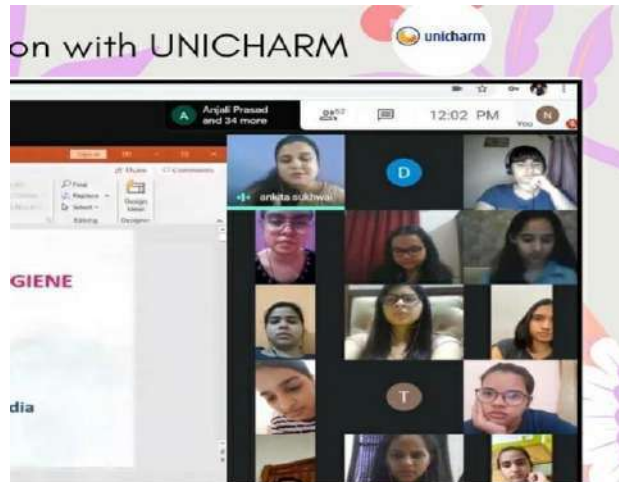
Report- On 26th July to commemorate Kargil Vijay Diwas, webinar By Rachna Bisht Rawat was conducted by NCC, Kamala Nehru College. On 15th august we celebrated Independence day in the college continuing the tradition along with Josh run and sharing steps covered in their own vicinities

61. Name of Activity- Menstrual Hygiene Workshop
Organizing Society- NSS, KNC & Global Hunt x Unicharm
Total Number of Participants-52
Date-15th July 2020



2019-2020

- Name of the activity:** Webinar on Menstrual Health and Hygiene Management
Organizing Society: NSS in collaboration with Unicharm
Total Number of Participant: 130
Date: 22nd June 2020




40 likes

nss_kamalanehru NSS KNC in collaboration with Unicharm India, organised a Menstrual Hygiene Workshop. The representative, Ms Ankita held an informative workshop which covered all aspects from the onset of puberty, the process of menstruation, informing the volunteers about PCOD/PCOS and correct ways to practice hygiene during menstruation. She also debunked the various stigmas and taboos surrounding menstruation in India and happily answered any queries the volunteers had.

Report: NSS along with Unicharm India, organized a Menstrual Hygiene Workshop. The representative Ms. Ankita held an informative workshop which covered all aspects from the onset of puberty, the process of menstruation, informing the volunteers about PCOD/PCOS and correct ways of practice hygiene during menstruation. She also debunked the various stigmas and taboos surrounding menstruation in India and happily answered the queries.

- Name of the activity:** International Yoga Day celebration
Organizing Society: NSS and The Ministry of AYUSH, Government of India
Total Number of Participant: 130
Date: 22nd June 2020


PRINCIPAL
KAMALA NEHRU COLLEGE
(University of Delhi)
August Kranti Marg
New Delhi-110049



Report- On 22nd June 2020 the 6th International yoga day an online yoga event was organized where students and their family members also participated.

3. **Name of the activity:** Stay at Home Campaign
Organizing Society: NSS, KNC
Total number of participants:
Date: 31st May 2020 onwards.



Report: As the lockdown began it became imperative to emphasise the importance of staying at home and following the rules set down by the government for our own safety. The NSS covid warriors launched an online campaign to emphasise the importance of staying at home at the beginning of the lockdown.

4. **Name of the activity:** Care for Neighbours program
Organizing Society: NSS, KNC
Total Number of Participant: 130



[Signature]
PRINCIPAL
KAMALA NEHRU COLLEGE
(University of Delhi)
August Kranti Marg
New Delhi-110049



Date: 31st May 2020



Report: The Covid warriors of NSS-KNC reached people around them during the lockdown in multiple ways. Students distributed food, essentials, masks and school supplies to those in need. Students were also involved in feeding animals who lost all sources of food during this time. The details of these efforts were shared on Facebook and Instagram to inspire more such acts of kindness.

5. **Name of the activity:** Webinar on 'Shining in Solitude Through Life Coaching'
Organizing Society: Shining Network
Total Number of Participant: 18
Date: 29th May 2020





Kamala Nehru College
University of Delhi
(NAAC Accredited with 'A' Grade)

Shining Network
A Revolution
(Youth Empowering and Value Creating Society)

organises

A thought provoking and creative webinar on
Shining In Solitude Through Life Coaching

By Upasana and Vivek from Fountainhead

Date: 29th May 2020, Friday
Time: 3pm
Platform: Zoom Meeting
Link will be sent to the participants

Dr. Geetesh Nirban
Faculty Convenor

Dr. Kalpana Bhakuni
Principal

For Queries Contact Student Convenor
Yashanti, 8312162207
Aashu@fountainhead.org
Poster Designed by Malika

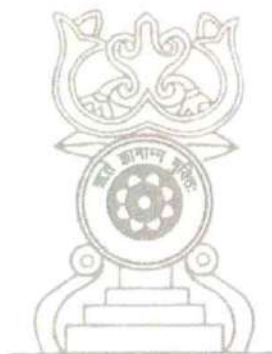
Report- On 29th May 2020, the first Webinar on 'Shining in Solitude through Life Coaching' was organised to acknowledge and recognize the incomprehensible emotions and feelings of oneself, especially in times of uncertainty due to lockdown. Ms. Upasana and Mr. Vivek from the organisation *Fountainhead* spoke on the importance of 'Life Coaching' as a way of learning/guidance, sensitized the participants about the ongoing pandemic and our adjustment to the 'new normal'. They illustrated the significance of 'diving deep within' through stories and presentations.

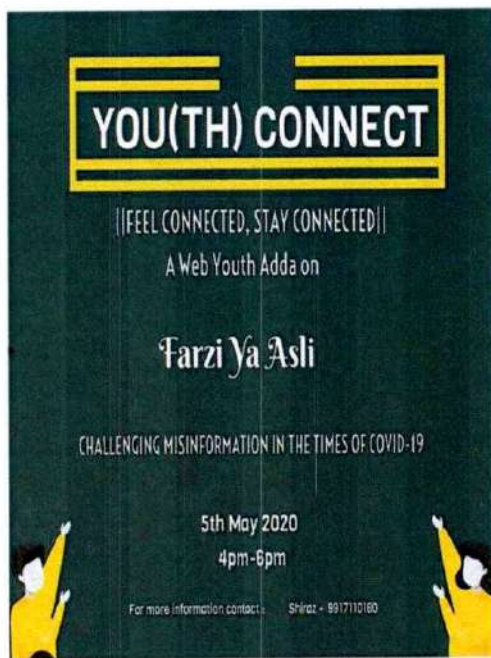
6. Name of the activity: Media Awareness Challenging Fake News in Times of COVID (Farzi ya Asli)

Organizing Society: WDC, KNC & NGO Streedhan

Total Number of Participant: 16

Date: 5th May 2020.





Report- Webinar in collaboration with Pravah on a series to challenge fake news in times of COVID-19 surrounding the question, 'How do we identify what is Farzi and what is Asli?' was organized.

7. **Name of the activity:** All Faith Prayer Meet
Organizing Society: The Gandhi Study Circle, KNC.
Total number of participants:
Date: 7th March 2020





Report: On 7th March, 2020 some students along with the Principal, Dr.Kalpana Bhakuni attended “All Faith Prayer Meet” at Gandhi Smriti, New Delhi. Principal, Dr. Kalpana Bhakuni - lighting ceremonial lamp on Gandhi Utsav in the College.

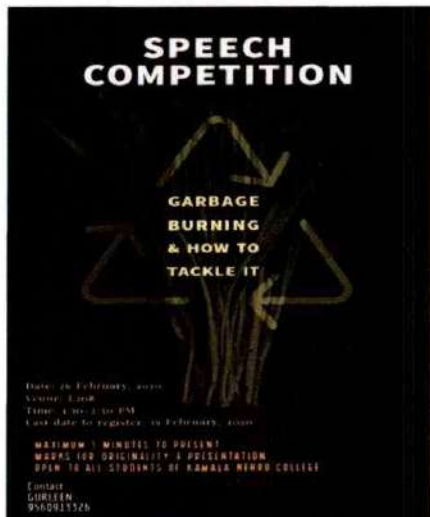
8. **Name of the activity:** Webinar on Rape Culture in India
Organizing Society: SHLC. WDC/KNC, WDC Kirori Mal, Hindu College
Total Number of Participant: 20
Date: 4th March 2020



Report: A workshop in collaboration with Streedhan- was organised on 'What is Rape Culture in India?' was conducted.

9. **Name of the activity:** Speech Competition : Garbage Burning and how to tackle it
Organizing society:
Number of Participants : Green Beans Society, KNC.
Date: 26th February, 2020.





Report : The Green Beans Society organized a speech competition on 26th February 2020. The competition saw enthusiastic participants from students from different departments, delivering their innovative views on the topic, 'Garbage Burning and how to tackle it'

10. **Name of the activity:** Chat with a Diplomat with Ms. Sophie Ross on 'Gender and Diplomacy'
Organizing society: India-UK Youth Forum in collaboration with Global Youth KNC Chapter and Political Science Department, KNC
Total number of participants:
Date: 21st February 2020

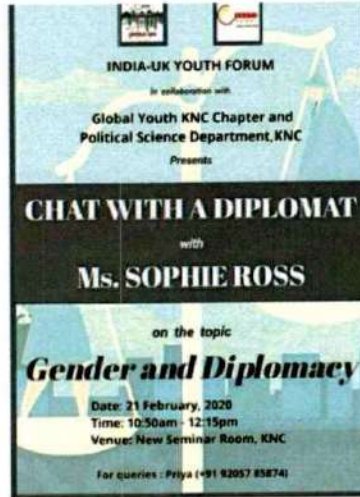


KAMALA NEHRU COLLEGE
(University of Delhi)
NAAC Accredited with 'A' Grade
August Kranti Marg, New Delhi – 110049
Phone: 011-26494881, Telefax: 011-26495964
E-mail: kamla.nehru_du@hotmail.com



ESTD. 1964

कमला नेहरू कॉलेज
(दिल्ली विश्वविद्यालय)
रा. मू. एवं प्र. घ. द्वारा 'ए' ग्रेड प्रत्यायित
अगस्त क्रांति मार्ग, नई दिल्ली – 110049
दूरभाष: 011-26494881, टेलीफैक्स: 011-26495964
ई-मेल: kamla.nehru_du@hotmail.com



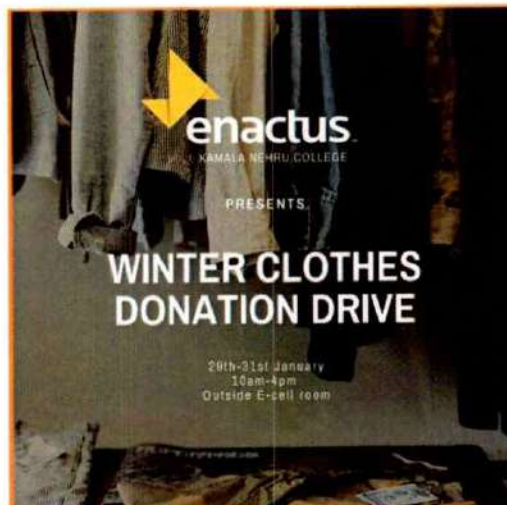
Report: Global Youth and Indi-UK Youth Forum in Collaboration with the Political Science Department, KNC organized a chatting session with a Diplomat Session with Mrs. SOPHIA ROSS, The Deputy Head of Political & Bilateral team, British High Commission on the topic- Gender and Diplomacy.

11. **Name of the activity:** E-Cell collection of warm clothes from students & distribution to people in AIIMS.


Organizing Society: Asar-Entrepreneur Cell

Total Number of Participant: 20

Date: 29th-31st January 2020



Kamala Nehru College
Estd. 1964


PRINCIPAL
KAMALA NEHRU COLLEGE
(University of Delhi)
August Kranti Marg
New Delhi-110049

Report- Over the dates of 29th-31st January 2020, Enactus KNC put up a stall near E-Cell room and collected warm clothes from students and faculties. All of these clothes were then donated to people near AIIMS on 17th February 2020.

12. Name of the activity: Seminar on the importance of voting and being an active citizen
Organizing Society: NSS and Association for Democratic Reforms (ADR)
Total Number of Participant: 120
Date: 23rd January 2020

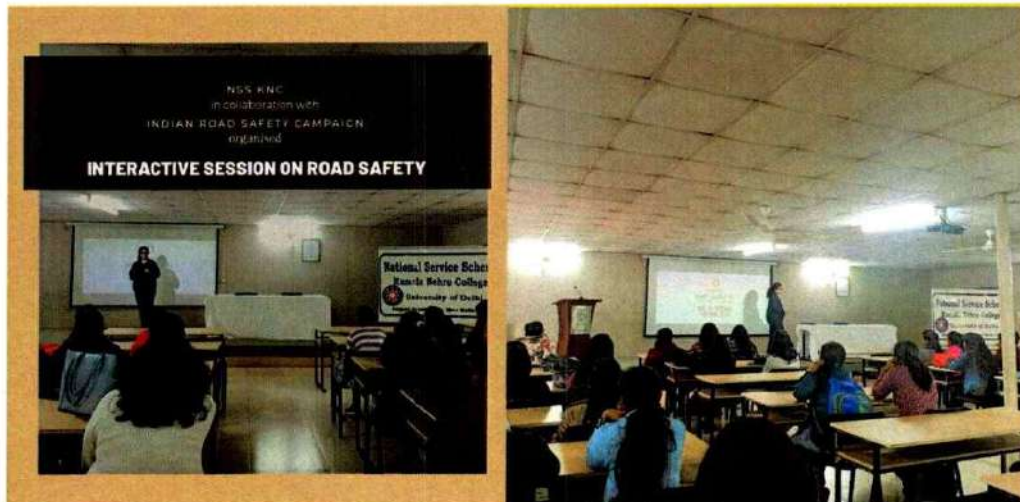


100 likes

nss_kamalanehru On 23rd January 2020, the Association for Democratic Reforms (ADR) organized an interactive session with the NSS unit of KNC on the importance of voting and being an active citizen. ADR is an NGO that works in the area of electoral and political reforms. As National Voters Day is approaching, the session aimed at informing the students of their responsibility to vote and to spread awareness regarding voting for the right candidates.

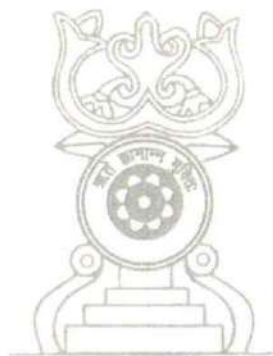
Report- On 23rd of January 2020, the Association for Democratic Reforms (ADR) organised an interactive session with the NSS unit of KNC on the importance of voting and being an active citizen. ADR is an NGO that works in the area of electoral and political reforms. The session aimed at informing students of their responsibility to vote and to spread awareness regarding voting for the right candidate.

13. Name of the activity: Interactive Session on Road Safety
Organizing Society: NSS, KNC & Indian Road Safety Campaign and Delhi Traffic Police in collaboration with Hero Motor Corp
Total Number of Participants: 100
Date: 15th January, 2020



Report: On the occasion of the 31st National Road Safety Week, NSS organized an informative workshop on the 15th of January 2020, Wednesday. The workshop was conducted by Indian Road Safety Campaign and Delhi Traffic Police in collaboration with Hero Motor Corp. The campaign aimed at increasing awareness about road safety, legalities of it and being a good samaritan. The workshop highlighted the role of being a “first responder” as in case of accidents. Workshop also addressed road hazards like drunk driving, overloading, overtaking, jaywalking, lack of awareness, and safety gears, etc. and real footage of accidents and these hazards were shown. Valuable information and contact details of NGO’s and foundations which solely work towards sensitizing people to become first respondents were also shared.

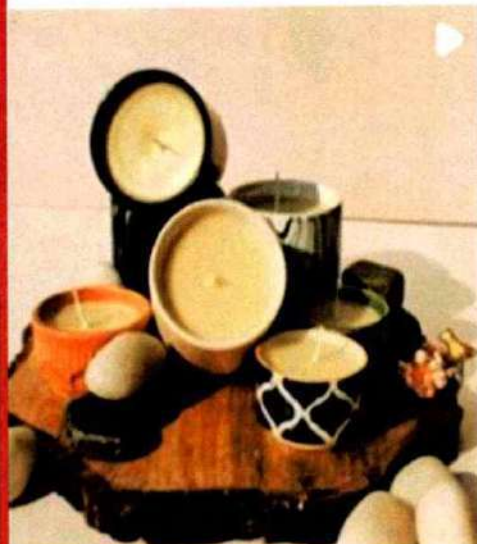
14. **Name of the activity:** Project Dilaab
Organizing Society: Asar-The Entrepreneur Cell
Total Number of Participants: 20
Date- 3rd January 2020





In these tough times, Kamala KNC came up with an absolutely unique endeavor 'Project Dilaab' towards the end of November. With extensive research, it was a massive desktop research and efforts on online sites and finally bringing this project live. Project Dilaab is a unique mix of sustainability and business models for the environment. They are completely biodegradable, organic and eco-friendly. It particularly focuses on empowering and uplifting poor communities. Firstly, the potter who are losing their due in these days because of unemployment offering ready-made alternatives. Secondly, the disabled children who are above the age of 18 and have been constantly struggling for financial stability make the candles. These candles come in three scents: Saffron, Mimosa & Rose. The candles were sold in large class 65 online shops and especially Valentine's Day etc. orders. The project is still going strong. The students has been a tough time for such small communities and this is what drove them to work more harder.

PROJECT DILAAB
ENACTUS KAMALA NEHRU



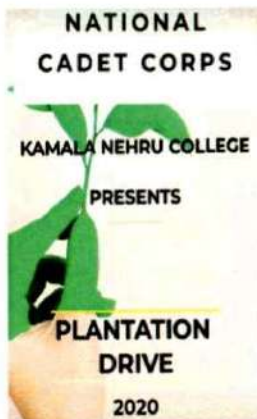
Report: Project Dilaab was launched in January 2020. The project works with a community of disabled people to make scented candles that are sold in ceramic pots therefore supporting the local potter community as well. The project started with a target research for a community in need of subsistence due to the pandemic and the lack of customers. Dilaab works with the Potter community families that have migrated to the market called the banjara market in Gurugram with a vast range of ceramic products. These ceramics (50 gm and 100 gm capacity cups) were chosen, bought and transported by the team along with rest of the raw material (scents, beeswax etc.) required to make the candles, over the month of January through online platforms. By the end of January and February, the candles were out for sale on our social media handles. The purchasing, payments and shipping were all done online. The content and graphics team actively worked on creating social media marketing campaigns for expanding our reach and improvising on product aesthetics.

- 15. **Name of the activity:** Plantation Drive
- Organizing Society:** NCC/KNC
- Total Number of Participant:** 100
- Date:** 12th November, 2019





कमला नेहरू कॉलेज
आरमी विंग
दिल्ली डायरेक्टोरेट



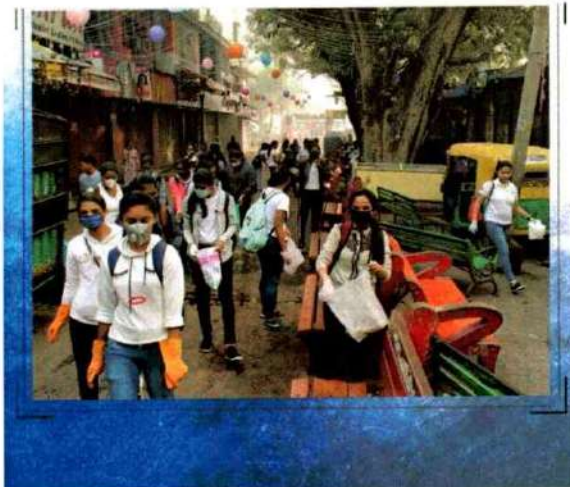
कमला नेहरू कॉलेज
आरमी विंग
दिल्ली डायरेक्टोरेट

Report - A Plantation Drive was conducted at Gulmohar Park, New Delhi on 12th November, 2019

16. **Name of the activity:** Cleanathon
Organizing Society: NSS & NCC/KNC
Total Number of Participants: 80
Date: 10th of November 2019



CLEANLINESS DRIVE



Report- Cleanathon was conducted on 10th November, 2019 in Sarojini Nagar, New Delhi.

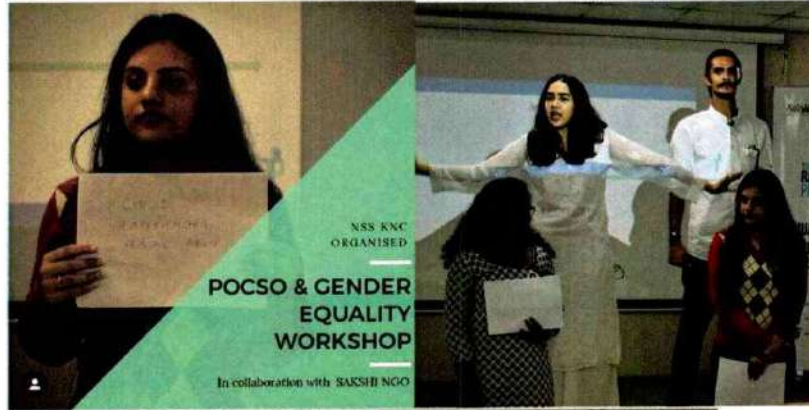
17. **Name of the activity:** Workshop on POCSO (Prevention Of Children from Sexual Offences) and gender equality
Organizing Society: NSS, KNC & Sakshi NGO
Total Number of Participant: 68
Date: 6th November 2019.



KAMALA NEHRU COLLEGE
(University of Delhi)
NAAC Accredited with 'A' Grade
August Kranti Marg, New Delhi – 110049
Phone: 011-26494881, Telefax: 011-26495964
E-mail: kamla.nehru_du@hotmail.com



कमला नेहरू कॉलेज
(दिल्ली विश्वविद्यालय)
रा. मू. एवं प्र. प. द्वारा 'ए' श्रेणी प्रत्यायित
अगस्त क्रांति मार्ग, नई दिल्ली – 110049
दूरभाष: 011-26494881, टेलीफैक्स: 011- 26495964
ई-मेल: kamla.nehru_du@hotmail.com



Report-The NSS members of Kamala Nehru College organised a workshop on POCSO (Prevention Of Children from Sexual Offences) and gender equality organized by Sakshi NGO on 6th November 2019. The aim of the workshop was to make the young citizens of the country understand the responsibility they have and the power they hold to raise awareness and bring change in the society.

18. Name of the activity: A Workshop on Hormonal Health and Nutritio

Organizing Society: WDC, KNC & TheaCare

Total Number of Participant: 40

Date: 6th November 2019.





PRINCIPAL
KAMALA NEHRU COLLEGE
(University of Delhi)
August Kranti Marg
New Delhi-110049



Women's Development Cell
Kamala Nehru College
Presents workshop on

Hormonal
Health and
Nutrition



A healthy outside starts from the inside

Date - 6 November 2019
Time - 1.00 pm
Venue - Room no. L109
Afreem: 8376880303

Report-On 6 November, a workshop on hormonal health and nutrition was conducted by TheaCare in association with WDC. The first part of the workshop consisted of a presentation on issues related to hormonal health such as Pre-menstrual syndrome, PolyCystic Ovarian Syndrome, Menstrual health and wellness. This was followed by a discussion with the students where they could raise their questions.

19. Name of the Activity: Public Philosophy Session on 'Happiness'
Organizing Society: Shinning Network & Society of Philosophers in America (SOPHIA).
Total No. of Participants: 30
Date of the Activity: 6th November 2019



Report: On 6th November 2019 first Public Philosophy Session on 'Happiness' was organised by Shining Network SOPHIA chapter. Shining Network is in joint collaboration with Society of Philosophers in America(SOPHIA). Ms. Lira Goswami, the founder of Associated Law Advisers and a proficient legal professional was the invited speaker who shared her thoughts on how she celebrates the



word 'Happiness' and the deep rooted philosophical insights on developing happiness as the core value in life. Prashanti recited a poem titled 'Whereas' Swoyami and Astha presented a song to enliven the session with musical note.

20. Name of the activity: Awareness workshop on Yamuna Cleaning

Organizing Society: Green Beans Society and Department of Environment and Government of Delhi NCT.

Total Number of Participants: 20

Date: 6 November 2019



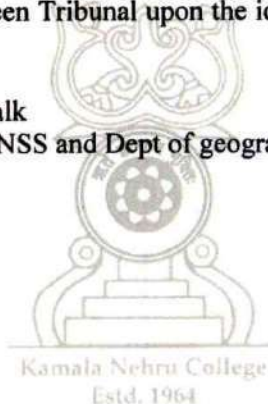
Report: An awareness workshop on River Yamuna was organized by the Department of Environment, Government of Delhi NCT on 6 November 2019 at the Delhi Secretariat. Two members of the society, Manali Shandilya and DishaDubey, both from 1st year participated in the workshop along with Ms. Akanksha. The aim of the workshop was to bring awareness amongst the students of schools and colleges regarding the heavily polluted River Yamuna. D.R. Sanjeev Agrawal began the workshop by putting forward the facts about the River Yamuna as well as basic terms related to watershed development and wetlands. Following him Ms. Jyoti from the Force Organization delivered her lecture upon the cultural and economic significance of the River and on its rejuvenation. Mr. Vishal Gandhi, scientist at the Central Pollution Control Board discussed the unknown facts about the river. He also brought in our knowledge the ongoing government policies to rejuvenate the River. Ms. Nigam Agrawal informed the gathering about the environmental concerns of immersion of idols in rivers. She concluded with the guidelines provided by the Honorable National Green Tribunal upon the idol immersion. The workshop concluded with an open panel discussion


21. Name of the activity: Informative Talk

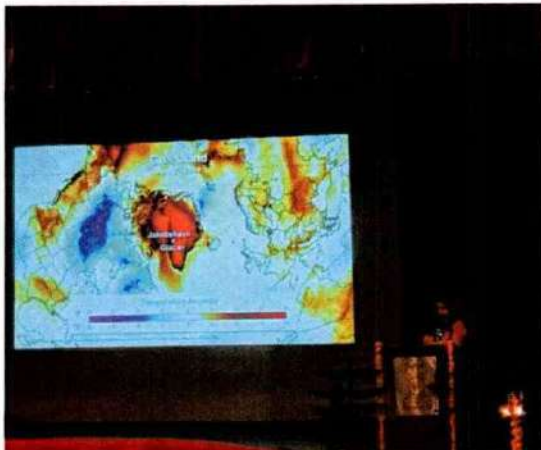
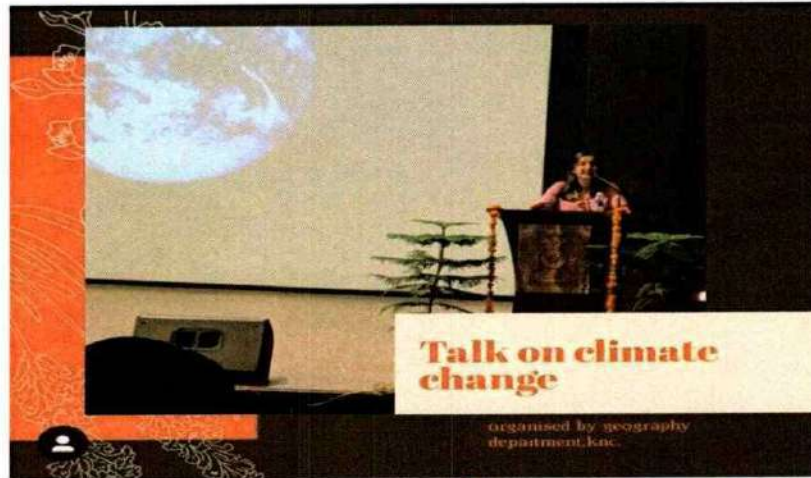
Organizing Society: Friday for Future, NSS and Dept of geography/knc


Total Number of Participant: 52

Date: 4th November 2019.



 nss_kamalanehru
Kamala Nehru College



 nss_kamalanehru
Kamala Nehru College



134 likes

nss_kamalanehru The NSS unit of KNC in collaboration with the Geography Department joined their venture with Friday's for Future to celebrate the department's annual day. The talk was addressed by Bhamini Jain, who is affiliated with the Climate Reality Project, a non-profit organization involved in education and advocacy related to climate change. She addressed the ever-critical global

Report-The Geography Department on its annual day organized an informative talk in collaboration with Friday for Future and the NSS unit of KNC on 4th November 2019. The talk was addressed by Bhamini Jain, who is affiliated with the Climate Reality Project which is a non- profit organization involved in education and advocacy related to climate change.

- 22. Name of the activity:** Seminar On Creating Awareness on Depleting Conditions Of River Ganga.
Organizing Society: NSS/KNC & Ministry of Jal Shakti, Government of India
Total Number of Participant: 15
Date: 4th November, 2019



Report-The National Mission for Clean Ganga was organized on 4th November, 2019 at the Dhyanchand National Stadium by the Ministry of Jal Shakti, Government of India. It was conducted to spread awareness about the depleting conditions of river Ganga. NSS KC was honored to be a part of this enlightening seminar.

23. Name of the activity: College canteen composting plant

Organizing Society: Green Beans/KNC

Total Number of Participant: 20

Date: 1st November 2019



Report- On the 1st of November 2019, the college's composting plant was inaugurated and a short training programme was conducted for the students as well as the canteen staff by Sh. TRN Rao, who has been associated with Swarn Vasudha, an organization working on composting at home feasible for more than 5 years now. Sh. TRN Rao is a civil engineer by training and a passionate environmentalist. During the workshop, he demonstrated the process of composting using the biodegradable waste from the college canteen.

24. Name of the activity: Debate Competition, Unity Pledge

Organizing Society: NSS/KNC

Total Number of Participant: 64

Date: 23rd October 2019



Report- On 23rd October 2019, a Debate Competition was organised in KNC and the NSS Volunteers who participated and attended were given hours. On the occasion of National Unity Day on 31st October

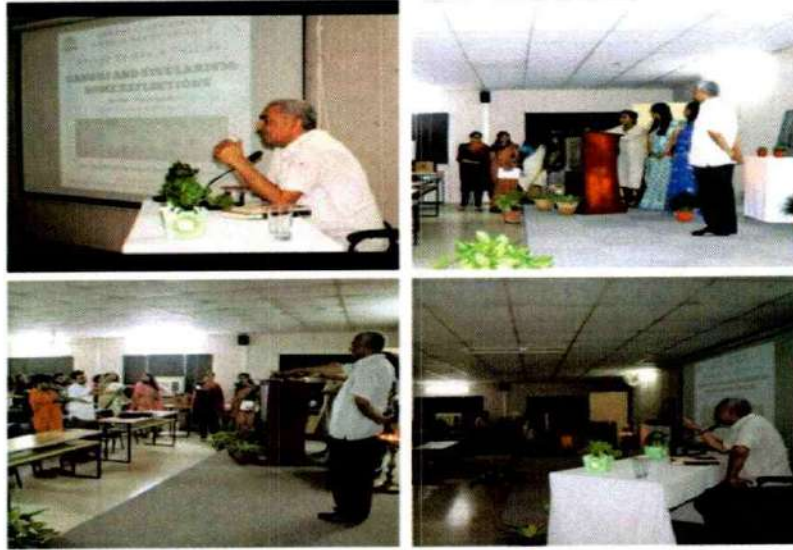
2019, the NSS unit of KNC took the unity pledge. The pledge was read out by our General Secretary, Akshita Gupta. The volunteers were asked to assemble outside the NSS room. Before the commencement of the event, the NSS core council took the attendance of the volunteers present.

- 25. Name of the activity:** Cleanliness drive in the college
Organizing Society: NSS & Gandhi Study Circle/KNC
Total Number of Participant: 78
Date: 2nd October, 2019



Report- On the occasion of Gandhi Jayanti (2nd October 2019, Wednesday), the NSS Unit of KNC organised a cleanliness drive in the college campus to contribute to the Swachh Bharat Abhiyan to commemorate Gandhiji's 150th Birth Anniversary. The NSS mobilized the college community to curb Single Use Plastic under Swachata hi Sewa Abhiyan.

- 26 Name of the activity:** Gandhi Utsav
Organizing society: Gandhi Study Circle, KNC.
Number of participants:
Date: 1st October 2019



Report: 'Gandhi Utsav' the annual event of the Gandhi Study Circle was organised on 1st October 2019. The events was designed keeping in mind the 150 years celebration of 'Bapu'. The event commenced by a lecture by Dr. Himashu Roy (Senior fellow at Teen Murti Library and an Associate Professor at Deen Dayal Upadhyay College, DU). Dr. Roy delivered an interactive lecture on 'Gandhi & Secularism'.

27. Name of the activity: Nukkad Natak: "Sookha"
Organising society: Gandhi Study Circle & Lakshya, KNC
Total Number of Participants:
Date: 1st October 2019



Report: The last event of the day was a Nukkad Natak named 'SOOKHA' directed in-house by Lakshya', the college dramatic society. The theme for the same was 'Water Scarcity and the Urgent Need to Conserve'.

28. Name of the Activity: Social Media Campaign in October on 'Ditching Single Use Plastics'
Organizing Society: Green Beans
Total No. of Participants: 60
Date: October 2019



Report: To contribute to the cause of stopping single use plastics, the Green Beans Society started a social media campaign in October on 'Ditching Single Use Plastics'. The society generated awareness about these silent killers through social media and other platforms. Poetry, meme and articles were composed by society members to express their views on the topic.

29. Name of the Activity: 2nd Indo-German Film Festival on 'Active Ageing'
Organizing Society: Department of Sociology & German Embassy
Total No. of Participants: 120
Date of the Activity: 30th September, 2019



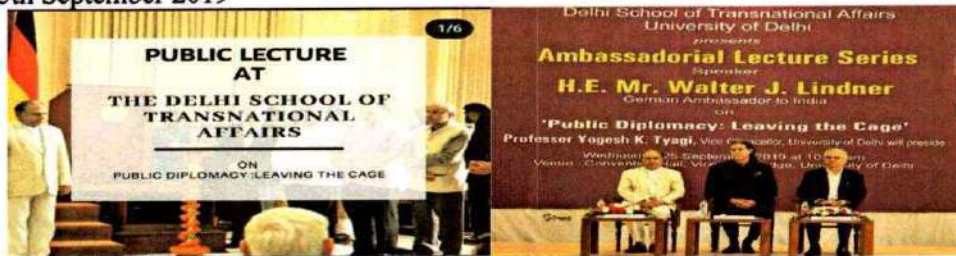
Report: The 2nd Indo-German Film Festival on Active Ageing was organized by the Department of Sociology on 30th September, 2019 in collaboration with the German Embassy followed by a discussion by Mr. Matthias Roos, Co-head of the European Film Festival for Generations. The students of the department engaged themselves with numerous internships and volunteering tasks in different reputed organizations namely Umeed NGO, Laadli Foundation Trust, Teach for India, Indian Council of Child Welfare, Muskurahat, Glinks, Shishu Sarothi, among several others.

30. Name of the activity: Talk on “Public Diplomacy: Leaving the Cage” by Walter J. Lindner, German Ambassador to India

Organizing Society: NSS, KNC & Delhi School of Transnational Affairs, University of Delhi

Total Number of Participant: 15

Date: 25th September 2019



Report- Delhi School of Transnational Affairs, University of Delhi organised a lecture by His Excellency Mr. Walter J. Lindner, German Ambassador to India on the topic “public diplomacy: leaving the cage” on 25th September 2019, Wednesday and was attended by 15 NSS volunteers of Kamala Nehru College. This ambassadorial lecture series is a flagship initiative by the Delhi School of Transnational affairs with the prime objective to promote research on interdisciplinary themes on transnational affairs.

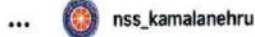
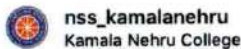
31. Name of the activity: Speaking Session by Aditi Nagrath, Learning Manager, Slam Out Loud Organization and MuskaanKohli, Senior Coordinator, Ladli Foundation.

Organizing Society: NSS, KNC

Total Number of Participant:59

Date: 24th September 2019





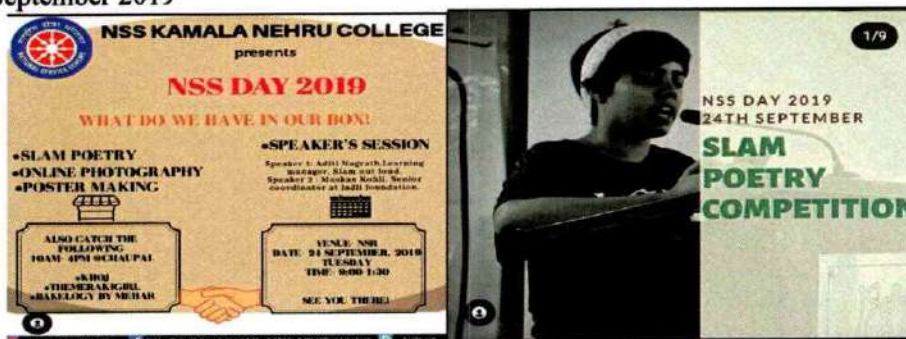
Report- The NSS unit of Kamala Nehru organized an event on 24th September 2019, to celebrate 50 years of NSS. A series of competitions were held with themes that made people understand the concept of NSS and the essence of social service. The closing session was by Aditi Nagrath, Learning Manager, Slam Out Loud Organization and Muskaan Kohli, Senior Coordinator, Ladli Foundation. The session aimed at educating and sensitizing the students towards the importance of the underprivileged people having the same opportunities and the same ambit to have a choice in life as we do. The session left us existential and introspecting ourselves.

32. Name of the activity: Slam Poetry competition and the Photography competition

Organizing Society: NSS/KNC

Total Number of Participant: 72

Date: 24th September 2019





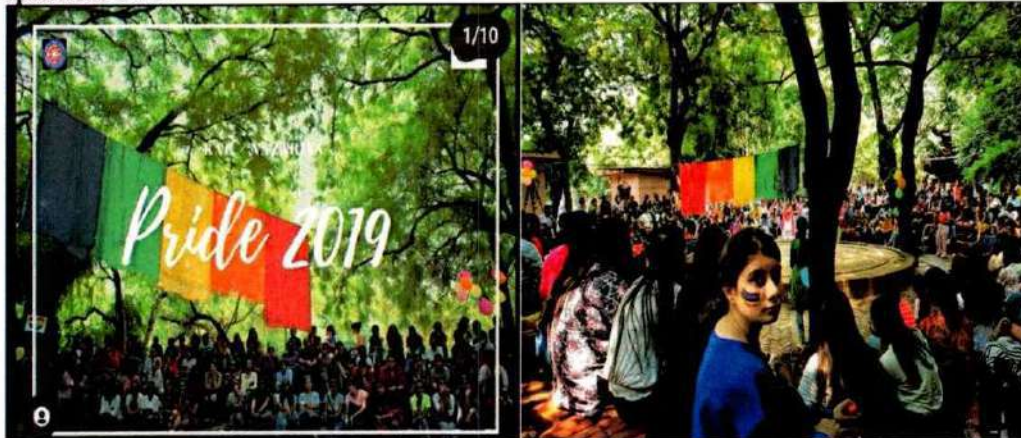
Report- The NSS unit of Kamala Nehru organized an event on 24th September 2019, Tuesday to celebrate 50 years of NSS. A series of competitions were held with themes that made people understand the concept of NSS and the essence of social service. The Slam Poetry competition and the Photography competition emphasized on Gandhian Ideology by making students think deeper about the art of social service and the little acts of social service we witness in our everyday lives.

33. Name of the activity: One year anniversary of the historic judgment which is a huge step towards equality open mic session, art exhibition and various stalls.

Organizing Society: NSS/KNC, Nazariya, a queer youth alliance and social justice advocacy group

Total Number of Participant: 100

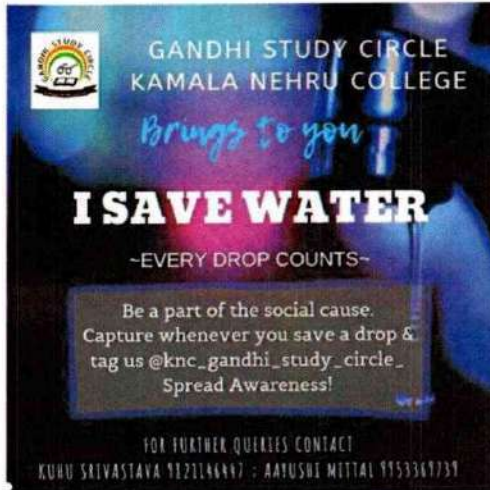
Date: 6th September 2019



Report- The NSS unit of Kamala Nehru College organized "PRIDE 2019" on 6th September 2019 to mark the one year anniversary of the historic judgment which is a huge step towards equality. The event was organized in collaboration with Nazariya, a queer youth alliance and social justice advocacy group operating in Delhi. There was an open mic session, art exhibition and various stalls.



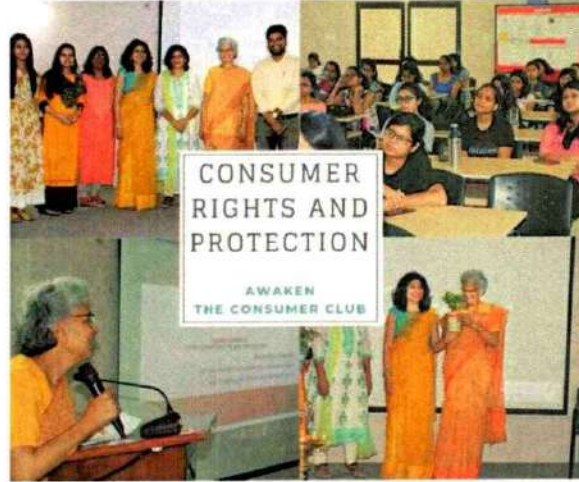
34. **Name of the activity:** Save Water social media campaign at Instagram and Facebook
Organising society: Gandhi Study Circle, KNC.
Total number of students:
Date: 8th September 2019 onwards




Report: Gandhi Study Circle, Kamala Nehru College has also organized the save water Campaign in collaboration with Green Beans Society, the Environmental society of Kamala Nehru College. Under this Campaign students run the **save water '#'** campaign on social media, any member of the society can share their water saving techniques on the Facebook page of Gandhi Study Circle, which will help to increase awareness about water conservation. Besides this Gandhi study circle also took pledge to not to use 'plastic cups and bags' inside the college campus.

35. **Name of the activity:** Seminar on Consumer Rights and Protection
Organizing Society: Consumer Club, KNC.
Total Number of Participant: 20
Date : 1st September 2019





 The Consumer Club, Kamala Nehru... • Follow
1 Sep 2019

Awaken-The Consumer Club of Kamala Nehru College organised a seminar on Consumer Rights and Protection.

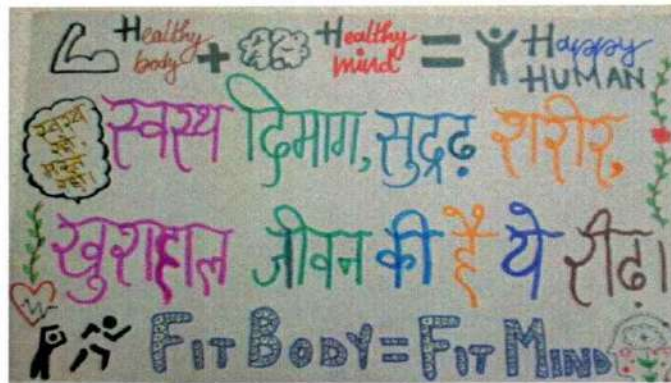
Report: The consumer club of KNC organised a seminar on consumer rights and protection that aimed at spreading awareness about the consumer rights.

36. Name of the activity: FIT INDIA pledge and program

Organizing Society: NSS/KNC

Total Number of Participant: 20

Date : 29th August 2019



Report- The FIT INDIA pledge and program was conducted on 29th August 2019

37. Name of the activity: Training programme for the students

Organizing Society: WDC, KNC & Breakthrough (NGO)

Total Number of Participant: 60

Date: 28th August 2019



Report-From August to October, Breakthrough, an organization focusing on issues related to violence and discrimination against women, conducted a training programme for the students. The programme was spread over five intensive sessions that dealt with - Human rights and Discrimination, Understanding the difference between Sex, Gender and Sexuality, Understanding Gender Based Discrimination, Understanding the impact of gender and sex on our lives and Understanding Power, patriarchy and Gender Based Violence.

38. Name of the activity: 'Gandhi In Me'

Organizing society: The Gandhi Study circle (GSC), Kamala Nehru College.

Number of participants:

Date: 28th August 2019.



Report: On 28th August 2019 GSC organised event called 'Gandhi in Me' at the college Plaza. The core idea to organise this event was to make them search and believe that there is a Gandhi sitting in each and every one of us; we just need to give it a little thought and believe in oneself.

39. Name of the activity: Swachata Pakhwada

Organizing Society: NSS/KNC

Total Number of Participant: 112

Date: 7th August 2019

nss_kamalanehru
Kendriya Vidyalaya



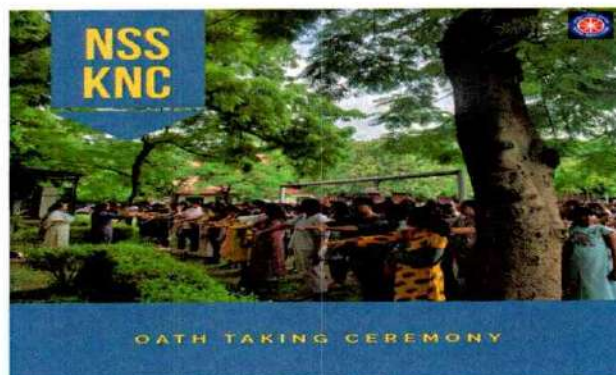
Report-As part of the Swachhta Pakhwada the NSS unit of Kamala Nehru College visited Kendriya Vidyalaya, Sadiq Nagar on 7th August 2019 along with Dr Shobha Rani and Dr. Santosh. They had an interactive and engaging session with the students of the institution and made them aware about cleanliness and the goals and purposes behind it. The NSS volunteers also performed a skit about cleanliness which portrayed the importance and the consequences if cleanliness is not a habit practiced by everyone.

40. Name of the activity: Oath Taking Ceremony

Organizing Society: NSS, KNC and Kendriya Vidyalaya, Sadiq Nagar

Total Number of Participant: 120

Date: 7th, August 2019.



Report- The NSS unit of KNC conducted an oath taking ceremony for all the registered students outside the NSS room on 7th August 2019. This ceremony marked the beginning of Swachhta Pakhwada in KNC. The oath was led by the Programme officer, Ms Namita Paul.

41. Name of the activity: Charcha For Change: Climate Chapter

Organizing Society: NSS/KNC, UNDP & Josh Talk

Total Number of Participant: 84

Date: 5th August 2019



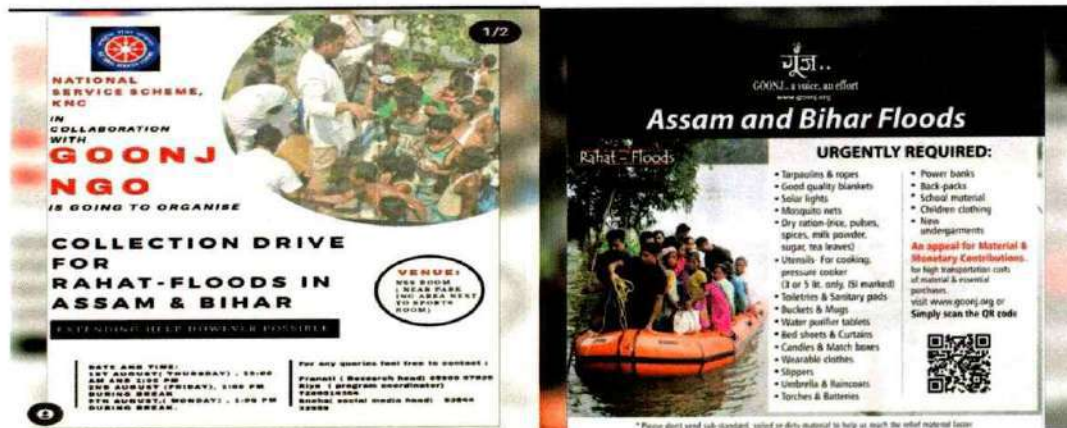
Report- The NSS KNC volunteers went to the Stein auditorium, Indian Habitat Center, Lodhi Road on 5th August 2019 for the #CharchaForChange: Climate Chapter discussion hosted by United Nations Development Programme (UNDP) and Josh Talks. 15 volunteers were selected for the event. The goal was to discuss ideas, innovations and solutions to combat the climate crisis. Innovators, artists, change-makers and social entrepreneurs participated in the event. They shared their journey on #Climate Action and inspired the youth to take action

42. Name of the activity: Collection drive for victims of flood in Assam, Bihar & UP

Organizing Society: NSS KNC in collaboration with Goonj (NGO)

Total Number of Participant: 100

Date: 1st, 2nd and 5th August 2019



Report- Flooding in the last week of July led to devastation in parts of Assam, Bihar and Uttar Pradesh. There was massive loss of life and property. NSS KNC in collaboration with Goonj conducted a three day collection drive on 1st, 2nd and 5th August 2019. The collection drive took place for flood hit areas of Bihar and Assam. Items such as clothing, grains, utensils, sanitary pads were collected in large numbers from students, faculty and staff members.

43. Name of the Activity: Visit to Kendriya Vidyalaya, Sadiq Nagar for Cleanliness Drive
Organizing Society: NSS/KNC,
Total No. of Participants: 112
Date: 7th August 2019



Report: As part of the Swacchata Pakhwada the NSS unit of Kamala Nehru College visited Kendriya Vidyalaya, Sadiq Nagar on 7th August 2019 along with Dr Shobha Rani and Dr. Santosh. They had an interactive and engaging session with the students of the institution and made them aware them about cleanliness and the goals and purposes behind it. The NSS volunteers also performed a skit about cleanliness which portrayed the importance and the consequences if cleanliness is not a habit practiced by everyone.

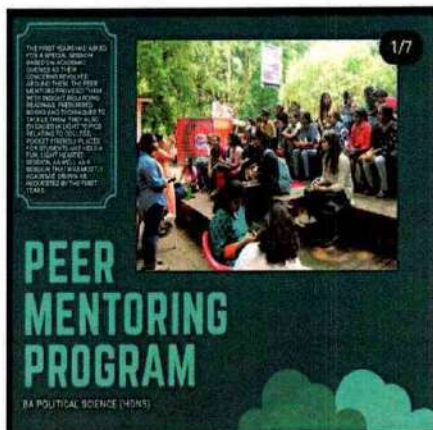
44. Name of the activity: Poster making competition on the topic “water conservation

Organizing Society: NSS,KNC
Total Number of Participant: 40
Date: 29th July 2019



Report- The very first event of NSS KNC took place on 29th July 2019, Monday on the occasion of Jal Shakti Abhiyan. The NSS unit of KNC organized a poster making competition for second and third years on the topic “water conservation” to spread awareness about the importance of water. The contestants used the language of art and designed posters to bring forward the need for water conservation in today’s world. The posters truly brought forward the true value of water.

45. Name of the activity: Deeksharambh-Peer Mentoring Session
Organizing Society: NSS, KNC
Total Number of Participant: 14
Date: 24th July 2019



Introducing the peer mentors

Report- Starting college is a huge step in every person's life. The immediacy of the freedom and independence that accompanies college life can be scary at times and can lead to a rise in feelings of anxiety. All the seniors here at Kamala Nehru decided to form a team that was divided according to the courses available at our college. The aim was to help the newcomers adjust to college life by interacting with them on a daily basis and establishing a feeling of comfort. The NSS Unit of our college began this programme during the undergraduate admissions in 2019. The second and third years at that time would hold sessions and interact with their juniors to help them with whatever problems they were facing ranging from finding adequate PG's to choosing a generic elective subject. The seniors made sure that their juniors weren't alone and knew that they could approach them anytime. A list of all the peer mentors and their mobile numbers was distributed amongst the students of KNC to make the process of reaching out easier. The sessions that were held by seniors covered a range of topics from introducing the department to them, mental health questions, Freshers parties, etc. Any doubt that the newcomers had was taken care of patiently by their seniors. We hope to continue Deeksharambh into the next session too as it has had a positive outcome and has removed the barrier of seniority across the college making the interaction between all three years natural.





2018-2019

- 1. Name of the Activity:** Yoga Day Camp
Organizing Society: NCC/KNC & 4DGBN
Total No. of Participants: 85
Date: 21st June 2019



Report: In the month of June from 18 to 21 NCC, KNC in collaboration with 4DGBN organized four-day yoga Camp where cadets of Gargi, LSR, Dyal Singh College, Deshbandhu College and various school students participated.

- 2. Name of the Activity:** One-day film festival
Organizing Society: WDC, KNC & Public Service Broadcasting Trust (PSBT)
Total No. of Participants: 52
Date: 8th March 2019



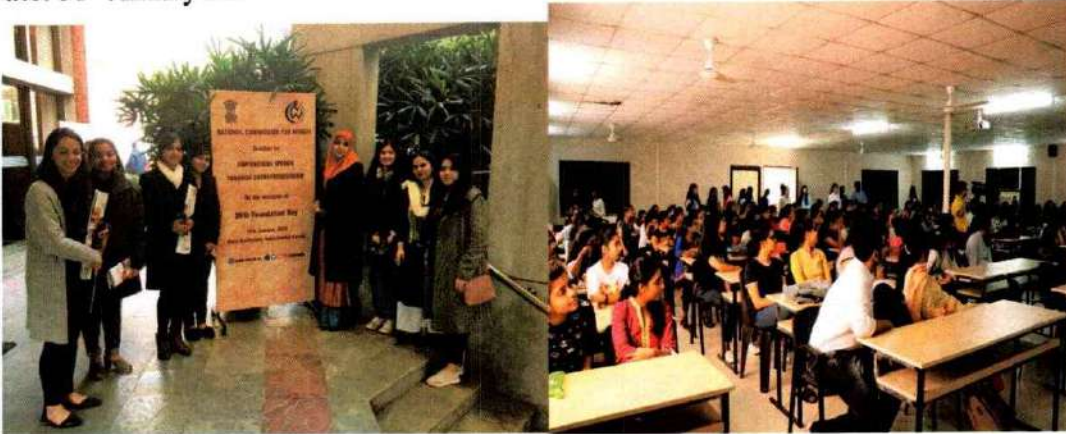
Report: On 8 March 2019, on the occasion of International Women's Day, WDC collaborated with the Public Service Broadcasting Trust (PSBT) to host a one-day film festival where five short films were screened on the theme of sexuality. The screenings were followed by discussion with the film makers.

3. Name of the Activity: Panel discussion on 'Women and Entrepreneurship'

Organizing Society: WDC, KNC& NCW, GOI

Total No. of Participants: 30

Date: 31st January 2019



Report: On 31st January 2019, members of Women's development cell, attended a panel discussion on 'Women and Entrepreneurship' organised by National Commission for Women, Government of India.

4. Name of Activity- Gender Sensitization Program

Organizing society- WDC & Safecity (NGO)

Total number of participants- 37

Date- 16th January 2019



Report-The Women's Development Cell of the College conducted a series of events throughout the year to sensitize students about issues related to gender. On 16 January 2019, Safecity, an organization which documents sexual harassment and abuse in public places conducted an interactive workshop with our students.

5. Name of the Activity: Ahimsa Silk Exhibition

Organizing Society: Gandhi Study Circle/KNC & NSDTI, Madhya Pradesh

Total No. of Participants: 20

Date: 30th January 2019



Report: There was an 'Ahimsa Silk Exhibition' put up by Gandhi Study Circle in collaboration with NSDTI, Madhya Pradesh.

6. Name of Activity-Awareness program on road safety

Organizing society- NSS

Total number of participants-124

Date-24th January 2019



Report- NSS invited the Indian road safety organization for an awareness program. The students were made aware of the harm of using mobile phones while crossing roads and also other safety norms.



7. Name of the Activity: Workshop on Sustainable Lifestyle
Organizing Society: Green Beans
Total No. of Participants: 20
Date: 14th November 2018



Report: On 14th November 2018, a workshop on sustainable lifestyle, minimising waste generation at home was organised. The workshop was conducted by Sh TRN Rao, who has been associated SwarnVasudha, an organisation working on making composting at home more feasible for more than five years now. Sh TRN Rao is a civil engineer by profession and an ardent environmentalist. During the workshop he gave demonstration of composting at home and how can we use that to make an organic kitchen garden. He also focussed on the problem of air pollution problem around Delhi and the kinds of plant we can have at our houses to reduce its impact.

8. Name of Activity- Inauguration of Ladies Special route no. 544-an initiative of Kamala Nehru College, Gargi College and Jeejabai Polytechnic
Organizing Society-Students Council, ICC, KNC
Total number of Participants- 59
Date- 2nd November 2018



- 9. Name of the Activity:** Free Eye Check-up Camp
Organizing Society: NSS & Care Promise Welfare Society
Total No. of Participants: 100
Date: 2nd November 2018



Report: NSS in collaboration with Care Promise Welfare Society invited Vision Eye Centre, New Delhi for Free Eye Check-up Camp on the occasion of Diwali Mela on 2nd November 2018 in the college premises.

- 10. Name of the Activity:** Rastriya Ekta Diwas
Organizing Society: NSS
Total No. of Participants: 100
Date: 31st October 2018



Report: NSS volunteers took pledge on the observance of “Rastriya Ekta Diwas”, on the remembrance of Sardar Vallabha bhai Patel, one of the leading freedom fighter of our country on 31st October 2018. We run and covered the ground twice on this occasion to be physically fit and healthy .



11. Name of the Activity: Distribution of Vegan bags Awareness Program to protect animals

Organizing Society: NSS/KNC & FAIPO

Total No. of Participants: 100

Date: 24th October 2018

Report: NSS Volunteers circulated Vegan bags provided by the Federation of Indian Animal Protection & Organization (FAIPO) on 24th October 2018 to spread awareness among the youngsters for protection of any kind of Animals.

12. Name of the Activity: Awareness on Vitamin Deficiency

Organizing Society: NSS/KNC & Care Promise Welfare Society

Total No. of Participants: 54

Date: 5th October 2018

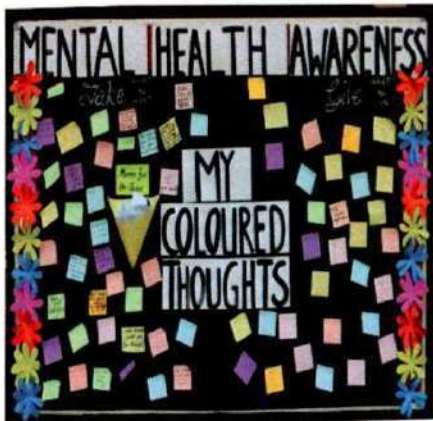
Report: The NSS Society organized an event by Care Promise Welfare Society on 5th October 2018 on the theme of Vitamin Deficiency under the age group of 18 to 22 years. A team of Doctors came for the event. The event was successful.

13. Name of Activity- Mental Health Awareness Week Celebration

Organizing Society- Psychology Department

Total number of Participants- 85

Date- 9th October 2018



Report- To celebrate the Mental Health Awareness Week, the Department of Psychology organised two day event from 8th-9th October, 2018. The first day started off with a poster making competition on the theme Its Okay To Not Be Okay which was followed by a workshop and a performance by Sambandh- a non-profit organisation that works on public health and specially mental health. This was followed by a Panel Discussion on Young People & Mental Health in Changing Times where our esteemed speakers were Ms. Mona Sharma and Ms. Gagandeep Kaur. On the second day, we organised a Flash Mob in our college campus and an Awareness March in Lajpat Nagar, New Delhi.

14. Name of Activity- Young India Women Entrepreneurship Mission
Organizing Society- Placement Cell, KNC
Total number of Participants-96
Date -5th October 2018



15. Name of the Activity- Gandhi Utsav
Organizing Society- Gandhi Study circle & Department of Physical Education
Total number of Participants-82
Date- 5th October 2018



Report- Gandhi study circle in collaboration with the department of physical education organised Gandhi Utsav to mark the celebration of Gandhi Jayanti. Several competitions and activities were organised around the theme of Gandhian values.

16. Name of the Activity: Essay Writing Competition
Organizing Society: NCC, KNC
Total No. of Participants: 20
Date- 29th September 2018



Report: NSS organized Essay Writing Competition on the occasion of Surgical Strike Day on 29th September 2018. On 29th September, Surgical Strike day was organised by NCC where motivational talk was given by our NCC-In-Charge which was followed by PM Modi's speech on the same.

17. Name of Activity- Mindfulness workshop

Organizing Society- Shinning network

Total Number of participants- 37

Date- 21st September 2018

Report- Mindfulness workshop on 21st September 2018 at India International Centre. Buddhist Monks from Plum Village, New York and Mr. Shantum Seth (Zen Master) led the group of participants, illuminated the entrants on the paramouncy of building our future, venerated the significance of the present and ingeminated the value of living in the moment. The session concluded with a silent walk in the park, followed by a singing and meditation as part of mindfulness.

18. Name of Activity- Cleanliness & Plantation Drive under Swachh Bharat Week

Organizing Society- NCC

Total number of Participants- 112

Date- 13th September 2018





Report- NCC cadets also actively participated in the mission to clean and keep the nation and also importantly college surrounding neat under Swacch Bharat week along with active participation in poster making competition and tree plantation drive. There was combined annual training camp organised by 4 Delhi Girls Battalion at Group Headquarter 'C' at Safdarjung Enclave New Delhi which every 2nd and 3rd year cadet attended from 4th September to 13th September, 2018.

- 19. Name of the Activity:** Butterfly Count
Organizing Society: Green Beans and BNHS
Total No of Participants: 45
Date: 11th September 2018



Report: On September 11, 2018 A Campus Count of Butterflies was organised by the Green Beans Society, as part of Delhi Butterfly Month. The month-long celebrations, starting from 1st September were aimed at creating awareness about butterflies and their importance for humans. In order to conduct the Campus count, Ms. Geeta from BNHS, Mr. Abhishiek Gulshan, founder



of Ninox and Mr. Lakhan Kohli from BNHS were invited. Before conducting the campus count in the college fields, Ms. Geeta and Mr. Abhishiek gave a presentation on butterflies.

20. Name of Activity: Campus Count of Dragonflies.

Organizing Society: Green beans and World Wildlife Fund (WWF)-NGO

Total No of Participants: 58

Date -6th August 2018



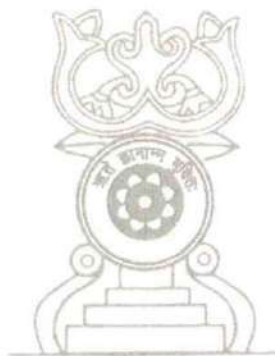
Report: Environment: On August 6, 2018 a campus count of Dragonflies was organised in association with WWF. The College was part of the WWF's celebration of India's Dragonfly Festival. The month-long celebrations, starting from 3rd August were aimed at creating awareness about dragonflies and their importance for humans. In order to conduct the Campus count, Ms. Geeta from BNHS, Ms. Nazneen, a well- known dragonfly expert and Mr. Santosh were invited. Before conducting the campus count in the college fields, Ms. Geeta and Ms. Nazneen gave a presentation on dragonflies discussing about the morphology, life cycle and the ecological importance of dragonflies. A field survey was conducted after the presentation during which all the green areas of the campus were covered. This was done because dragonflies breed during the rains. But to spot them, a sunny day is ideal. On the basis of our count, only one species of the dragonfly was found in the campus. The species found is known as Pantala. It is an orange-coloured, migratory species from South Africa. Pantala is the genus of dragonflies in the family Libellulidae, commonly known as the rain pool gliders. They are found almost worldwide.

21. Name of the Activity: Collection Drive for Relief

Organizing Society: NSS/KNC, WDC/KNC & Goonj (NGO)

Total No of Participants: 200

Date- 20th-25th August 2018





Report: NSS Volunteers involved Cotton and other items collection drive for Kerala Relief Flood Victims in collaboration with Goonj from 20th August to 25th August 2018.

22. Name of the Activity: Awareness Workshop on Cyber Security

Organizing Society: Students' Union/KNC & Delhi Police

Total No of Participants: 100

Date- 31st July 2018

Report: The union organized an awareness workshop for the students of our college on the issue of "Cyber Threat", "Cyber Security" by inviting dignitaries and officers from Delhi Police on 31st July, 2018. The workshop was a huge success and it guided many of our young minds to move cautiously in the virtual spaces. The usefulness of much applauded 'Bhim App' was explained to our students in detail by the superintendent of Police rank officers of Delhi Police. Many other issues regarding women safety and security were also discussed in the course of the workshop.

23. Name of the Activity: Enrolment and Awareness campaign

Organizing Society: NSS/KNC, NCC/ KNC and Delhi Election Office

Total No of Participants: 33

Report: The Electoral Enrolment Drive guided by Delhi Election Office, Delhi holds on 27th & 28th July 2018 begun at 11 AM with an introductory session given to us by Ms. Nisha, the D.E.O of AC-42 Kasturba Nagar. We were briefed about the reason, and importance of the drive and how to fill the form. We were also informed about the regions that come under our jurisdiction.

24. Name of the Activity: Swacchata Awareness Campaign in Masjid Moth, Gautam Nagar and Nitibagh

Organizing Society: NSS

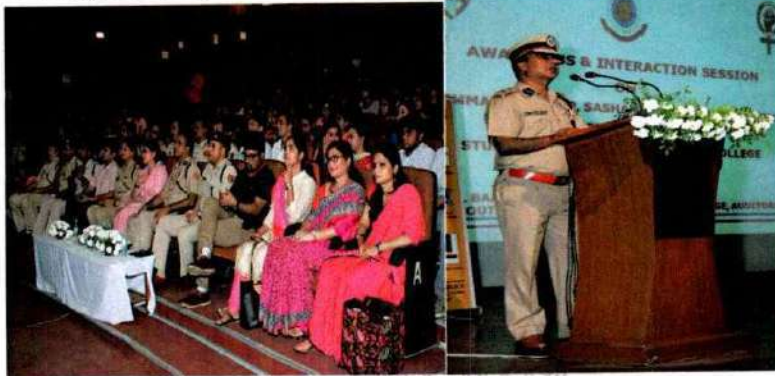
Total No of Participants: 76

Date of the Activity: July 2018



Report: The NSS body of Kamala Nehru College conducted a Swachhta awareness campaign in the college campus, Masjid Moth area, Gautam Nagar, Nitibagh etc. Our volunteers interacted with the residents of the village and inquired about the sanitation practices both on part of the residents and the MCD officials. The team heard the grievances of the residents and offered suggestions on how to adopt some hygiene and sanitation measures at their own level. Furthermore, they were told about the health dangers of a dirty environment, like stagnant water and open waste. The residents look forward to more visits in the future.

25. Name of Activity: Session on 'Women's Safety' and introduced Himmat+ app
Organising Society: Student Union & Delhi Police
Total Number of Participants: 60
Date of the Activity: 31st July 2018



Report: The union organized an awareness workshop for the students of our college on the issue women's safety by inviting dignitaries and officers from Delhi Police on 31st July, 2018. The workshop was a huge success and it guided many of our young minds to move cautiously in the virtual spaces. The usefulness of much applauded 'Himmat+ app' was explained to our students in detail by the superintendent of Police

rank officers of Delhi Police. Many other issues regarding women's safety and security were also discussed in the course of the workshop.

26. Name of the Activity- Sanitation and hygiene awareness drive" in the Begampur slum area
Organizing society-NSS, KNC
Total number of participants- 94
Date- 8th-9th July 2018



Report-The National Service Scheme of Kamala Nehru College conducted a „Sanitation and hygiene awareness drive" in the Begampur slum area on 8th-9th July 2018. Volunteers along with the teacher convener visited the slum and interacted with the residents, enquiring about the cleanliness of the locality and their awareness regarding hygiene practices. Questionnaires were administered to the residents, primarily pertaining to the Swachh Bharat Abhiyan and its overall effectiveness. The people reported that while good in theory and shows promise, it has not been carried out to its full potential and thus, has not been especially successful.



2017-18

- 1. Name of Activity:** Swachh Bharat Rally
Organising Society: NCC
Total Number of Participants: 15
Date of the Activity: 21st June 2018



Report: NCC in collaboration with Swachh Bharat and MCD School organised Swachh Bharat Rally NCC cadets also actively participated in the mission to clean and keep the nation and also importantly college surrounding neat under Andrews Ganj week along with active participation in poster making competition and tree plantation drive. On 21st June 2018, the NSS Unit in collaboration with the NCC Unit of Kamala Nehru College held its inaugural event on the occasion of International Yoga Day. A one-hour yoga session was held in the morning at 6:30 am which was followed by Sankalp and National anthem. The event ended with serenity and relaxation in the mind and body of all the volunteers and teachers.

- 2. Name of Activity:** Yoga Day Sankalp (Oath Taking) and Yoga sessions
Organising Society: NSS, NCC and NSO with 4 Delhi Girls Battalion
Total Number of Participants: 362
Date of the Activity: 18th-21st June 2018





month of June from 18 to 21 NCC, in collaboration with 4DGBN organized four-day yoga Camp where cadets of Gargi, LSR, Dyal Singh College, Deshbandhu College and various school students participated. NCC cadets also actively participated in the mission to clean and keep the nation and also important college surrounding neat under Swachh Bharat week along with active participation in poster making competitions and tree plantation drive.

3. Name of Activity: Group talk on “Energy Conservation”

Organizing Society: “Petroleum Conservation Research Association (PCRA), Ministry of Petroleum and Natural Gas, GOI”.

Total Number of Participants: 20

Date of the Activity: 5th June 2018

PHOTO/POSTER:



Report: On the occasion of World Environment Day, a group talk on Energy Conservation was organised by the Petroleum Conservation Research Association (PCRA), Ministry of Petroleum and Natural Gas, GOI on 5th June 2018.

4. Name of Activity: Lecture on ‘Water Harvesting’ by Ms. Jyoti Sharma, President, Forum for Organised Resource Conservation and Enhancement (FORCE)

Organising Society: Green Beans & Forum for Organised Resource Conservation and Enhancement (FORCE)

Total Number of Participants: 70

Date of the Activity: 23rd March 2018

KAMALA NEHRU COLLEGE

(University of Delhi)

NAAC Accredited with 'A' Grade

August Kranti Marg, New Delhi – 110049

Phone: 011-26494881, Telefax: 011-26495964

E-mail: kamla.nehru_du@hotmail.com



ESTD. 1964

कमला नेहरू कॉलेज

(दिल्ली विश्वविद्यालय)

रा. मू. एवं प्र. प. द्वारा 'ए' श्रेणी प्रत्यायित

अगस्त क्रांति मार्ग, नई दिल्ली – 110049

दूरभाष: 011-26494881, टेलीफैक्स: 011- 26495964

ई-मेल: kamla.nehru_du@hotmail.com



Report: During the month of March 2018, the society underwent a transformation and after twenty-one years of the society's inception a new logo was unveiled on the occasion of our annual fest "Terra" 18 which was held on the 23rd of March. The formal session was marked by the lecture on "Water Harvesting" by Ms. Jyoti Sharma, President, Forum for Organised Resource Conservation and Enhancement (FORCE). This was followed by Debate Competition and Quiz after which there was a skit performance on the theme of "Eco-Feminism". The play was based on participation from the students of different colleges. The play was based on the story "A flowering Tree" written by A.K. Ramanujan. The event saw enthusiastic participation from the students of different colleges.

5. Name of Activity: World Water Day

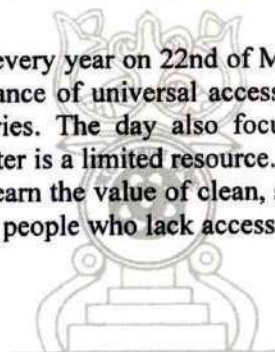
Organizing Society: NSS/KNC & WASH

Total Number of Participants: 45

Date of the Activity: 22nd June 2018



Report: World Water Day is celebrated every year on 22nd of March by the people all across the world. The day focuses attention on the importance of universal access to clean water, sanitation and hygiene (WASH) facilities in developing countries. The day also focuses on advocating for the sustainable management of freshwater resources. Water is a limited resource. What each of us does in the world, how we live, does make a difference. As we learn the value of clean, safe water and how scarce it truly is, we can take steps to protect it and to get it to people who lack access today. So, to spread awareness and take



Kamala Nehru College
Estd. 1964

PRINCIPAL

KAMALA NEHRU COLLEGE

(University of Delhi)

August Kranti Marg

New Delhi-110049



some action, National Service Scheme of Kamala Nehru College conducted a pledge ceremony, followed by a rally on 28th March 2018. The pledge consisted of taking an oath to conserve water judiciously. The volunteers, then, rallied around the college to aware students about World Water Day through posters and slogans.

6. Name of Activity: Workshop on "Mindfulness"
Organizing Society: "Shining Network & The Ahimsa Trust (NGO)"
Total Number of Participants: 30
Date of the Activity: 1st February 2018



Report: While understanding "Mindfulness is offering your genuine presence to yourself in every moment.", SN organised a workshop on 'Mindfulness' on 1st February, 2018 in collaboration with "The Ahimsa Trust", a non-profit organisation which assists in cultural, social and educational work that endeavours to enkindle tranquillity and euphony. The resource person was Mr. Shantum Seth, a Buddhist practitioner, an ordained teacher in Zen tradition of the Vietnamese Master Thich Nhat Hanh. He was accompanied by his fellow practitioners and teachers of mindfulness, Ms Mala and Ms Rakhi. The session concluded with a silent walk in the park, followed by singing and meditation as part of mindfulness. The workshop focused on mindfulness practice as a part of daily life.

7. Name of Activity: Sanitation and hygiene awareness drive in Sadiq Nagar
Organising Society: NSS/KNC & Dakshin Delhi Nagar Nigam
Total Number of Participants: 20
Date of the Activity: 30th January 2018
PHOTO/POSTER:





Report: The National Service Scheme of Kamala Nehru College conducted a “Sanitation and hygiene awareness drive” in collaboration with Dakshin Delhi Nagar Nigam at Indira Basti, Sadiq Nagar, New Delhi on 30th January 2018.

8. Name of Activity: Oath Taking ceremony

Organising Society: NSS/KNC

Total Number of Participants: 65

Date of the Activity: 25th January 2018



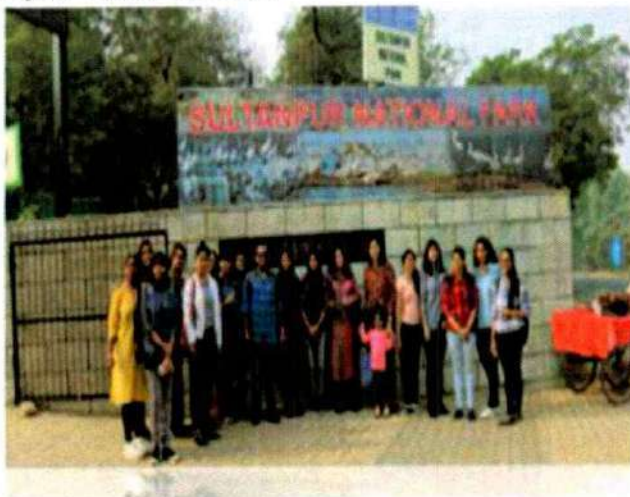
Report: On the occasion of National Voters Day on 25th January 2018, the National Service Scheme of Kamala Nehru College held an oath-taking ceremony on the campus grounds. The participants swore to uphold the dignity, democratic and peaceful process of elections in India, and do their part in the selection of representatives.

9. Name of Activity: Trip to Sultanpur National Park

Organising Society: Green Beans



Total Number of Participants: 45
Date of the Activity: 4th November 2017



Report: On November 4th, 2017 the green beans society organized a one day trip to Sultanpur. National Park. The national park was formerly a bird sanctuary, and it is famous for its migratory birds. Every winter the park blooms with several migratory species. At 7:30 am 40 students with faculty members boarded the bus from Kamala Nehru College for the one day trip. We all reached at our destination at 9:40 am. After reaching we all were accompanied by a guide for a nature trail of around 3 km which run around the lake to facilitate bird viewing. At the end of the trail, everyone had their appetizing lunch in a Haryana tourism restaurant which is 50 meters away from the park. After the quaint and informative trip, we all returned to college at 4:30 pm with a memorable experience.

- 10. Name of Activity: Oath taking and Fitness Run**
Organising Society: NSS
Total Number of Participants: 26
Date of the Activity: 31st October 2017



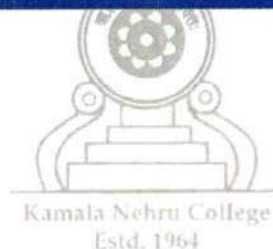
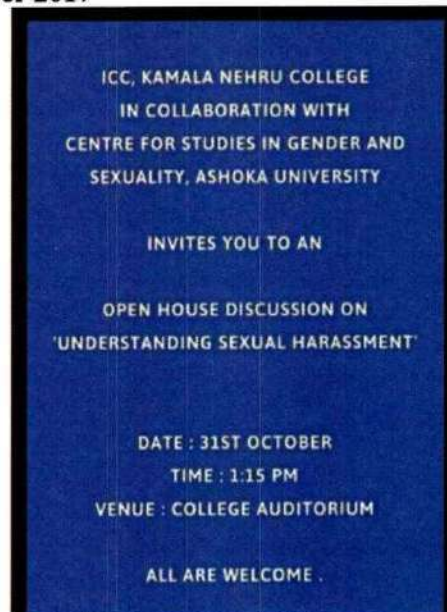
Report: On the occasion of Rashtriya Ekta Diwas, NSS in collaboration with MHRD organized oath-taking and Fitness Run. The volunteers took pledge on the observance of “Rastriya Ekta Diwas”, on the remembrance of Sardar Vallabhabhai Patel, one of the leading freedom fighter of our country. We ran and covered the ground twice on this occasion to be physically fit and healthy.

11. Name of Activity: Open House on ‘Understanding Sexual Harassment’

Organising Society: Internal Complaints Committee (ICC) & Centre for Studies in Gender and Sexuality, Ashoka University

Total Number of Participants: 50

Date of the Activity: 31st October 2017



Report: Internal Complaints Committee (ICC) collaborated with the Centre for Studies in Gender and Sexuality, Ashoka University and organised an open house 'Understanding Sexual Harassment'.

12. Name of Activity- Anti-Cracker Campaign
Organizing society/Agency/institution- Green Beans
Total Number of Participants-70
Date- October 2017



Anti-Cracker Campaign and flash mob

Report: In the month of October 2017, the society undertook the "anti-cracker campaign" which was also appreciated and covered by Delhi Times. Students had prepared the posters and slogans for the same. As a mid-semester break activity "Best out of waste" competition was organized. The best creations were then put up for the exhibition during "Adrith" – the Diwali Mela of our college. A flash mob was also organized to spread the more anti-cracker campaign, it saw a turnout of around 70 students and also witnessed the participation of no-non-GBS members.

13. Name of Activity- Bookmark Making Competition
Organizing society - Shining Network and Rally for Rivers
Total No of Participants-60
Date- 25th September 2017



Report: To further the ideas of youth empowerment and value creation, the society in association with “Isha Foundation” organized a “Bookmark Making Competition” for the students of our college. The topic was ‘Youth for Rivers’ to commemorate the initiative started by the Isha Foundation under the aegis of Sadhguru Jaggi Vasudev called “Rally for Rivers”. The aim of this initiative was to create awareness and search for tangible ways of saving and protecting our depleting and endangered rivers. This event, held on the 25th of September 2017 in the Student Activity Centre was immensely successful and well-received, seeing the enthusiastic participation of students from all courses and years. The participants worked with all their hearts on their bookmarks and the judges after much contemplation decided upon the winning bookmarks. There were attractive cash prizes for the winners.

14. Name of the Activity: Self-Defence Program
Organizing Society: Students’ Union/KNC, NSS/KNC & Delhi Police
Total No of Participants: 100
Date of the Activity: 22nd September 2017



Report: On 22nd September 2017, Students’ Union of Kamala Nehru College organized a workshop on

self-defence in collaboration with Ministry of Youth and Sports. It was conducted by a renowned NGO called SLAP (Street Level Awareness Programme) working relentlessly on the issue of women's safety post Nirbhaya episode in Delhi. Our students were addressed by its director Ms. Mriganka and her team on the issue of women's safety. Practically feasible tricks of safety against physical abuse were demonstrated in simplified steps by two internationally acclaimed boxers. Students were also given a chance to put their newly learnt techniques through a practice session. Additionally, Students were made aware of the various women protection apps, telephonic safety features. The two-hour long session was concluded with an address on financial safety and empowerment through innovative tools and state-run programmes for students.

15. Name of the Activity: An informative lecture was held on the topic "What every woman needs to know about Breast and Cervical Cancers?" by Dr. Indu Aggarwal, Sr. Consultant, RGCIRC, Rohini.
Organizing Society: NSS/KNC & Rajiv Gandhi Cancer Institute and Research Centre (RGCIRC).
Total Number of Participant:43
Date of the Activity: 31st August 2017
PHOTO/POSTER



Report: A lecture was held on the topic "What every woman needs to know about Breast and Cervical Cancers?" by Dr. Indu Aggarwal, Sr Consultant, RGCIRC, Rohini. A team of 4 members of the special cell came for this program. They discussed about the causes, symptoms and the primary remedies of the diseases. Students even shared their experiences at the end of the lecture. The lecture was very informative. It was organized to promote Cancer Awareness Programme.

16. Name of the Activity- Seminar on Technology & economic Growth
Organizing Society-NSS & NASSCOM foundation
Total number of participants-84
Date-17th August 2017



Report- A Seminar organized by the National Service Scheme of our College in collaboration with NASSCOM Foundation, a not-for-profit industry association. It is the apex body and the voice for the 154 billion dollars IT BPM industry in India with members like Accenture, Infosys, Cisco, and Microsoft, Google etc. that have made a phenomenal contribution to India's GDP, exports, employment, infrastructure and global visibility. The focus of the program was to create sustained social impact. By supporting technology-based solutions that address critical gaps in the key developmental area, the platform aims to foster inclusive growth.

17. Name of Activity- College campus guided by NSS-DU

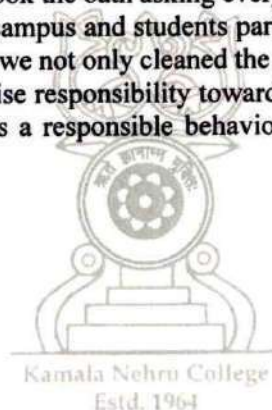
- Rally in the college campus
- Rally cum Save Electricity drive in the college

Organizing Society- NSS, KNC

Total number of Participants- 79

Date- 4th-5th August 2017

Report- National service scheme is a traverse to serve in a way, starting from your own doorsteps. Our college in the same way is providing the platform in promoting various community service programmes for a better world i.e. what surrounds us, 'our abode'. Swachhta is one of the basics in our NSS routine and is portrayed amongst our youth significantly. Usually we used to do cleanliness drives spreading awareness about keep it green ...keep it clean, but this year under the 'Swachhta Pakhwara campaign, it started with a new essence, giving us responsibility and rearranging the distorted sections of our classrooms, corridors and washrooms. Our drives initiated from 2nd august where we organised a cleanliness drive allotting each group of volunteers a room to clean. On 3rd august we conducted the oath ceremony where our programme officer took the oath asking every student to abide by it. On 4th of august we continued with our drives within the campus and students participated very actively. On 5th of august we initiated a 3 hours long drive in which we not only cleaned the college but also came up with a message to save electricity and made students realise responsibility towards college. The 4 day event turned out to be a huge success inculcating in students a responsible behavior towards a clean institution eventually leading to a clean nation.



18. Name of the Activity: Swachhta Hi Seva
Organizing Society: NSS
Total No. of Participants: 102
Date of the Activity: 2nd Aug-15th August 2017



Report: The NSS Society of Kamala Nehru College celebrated 'Swachhata Hi Sewa/' on the occasion of Swachh Bharat from 2nd Aug. to 15th Aug. 2017. We took a Pledge to observe and be a part of hygiene and cleanliness in all aspects of daily life, and to sensitize others also. Cleaning our college campus on regular basis is a part of our society. Our volunteers make awareness campaign about the Bio-degradable and Non-bio-degradable wastes in the college campus. The volunteers cleaned up classrooms, corridors, Chaupal, Canteen Area and the College surroundings. The need to save electricity is also dire and we did our part towards it. And we look forward to other sessions with NSS.

19. Name of Activity: "Sanitation and hygiene awareness drive" in Begampur Slum
Organising Society: NSS and Swachh Bharat Abhiyan
Total Number of Participants: 20
Date: 7th July, 2017





Report: It's so strange that a place just a few kilometres from our college seems like a completely different world. When we went for a survey for 'The Clean India Mission' to 'Begumpur Slums' we were astonished to see the condition in which the people are living. Sights such as dirty stagnant water, clogged drains, narrow lanes, cramped houses and heaps of garbage welcomed us. Seeing us (maybe we seemed as strange to them as they seemed to us), the residents gathered all around us telling us about their grievances. We tried telling them that we are just a bunch of students who are here for a survey regarding The Clean India Mission.

20. Name of the Activity- Electoral Enrolment Drive

Organizing Society-NSS. KNC


Total number of participants-86

Date- 27th – 28th July 2017

Report- The Electoral Enrolment Drive commenced with an introductory session given to us by Ms. Nisha, the D.E.O of AC-42 Kasturba Nagar. We were briefed about the reason, and importance of the drive and how to fill the form. We were also informed about the regions that come under our jurisdiction. After the briefing session, we drafted a notice, copies of which were put up in the college campus along with the posters provided to us by the DC Office. The NCC/NSS Team also released an online notice which was spread across all social media platforms, in order to ensure that all the students of the college knew about the drive.



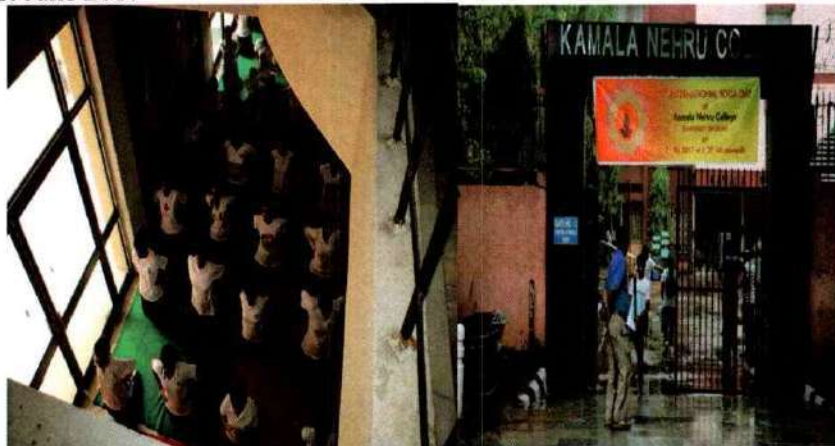
Kamala Nehru College
Estd. 1964


PRINCIPAL
KAMALA NEHRU COLLEGE
(University of Delhi)
August Kranti Marg
New Delhi-110049



2016-17

- 1. Name of Activity-** One hour yoga session, Sankalp, singing of the national anthem, lecture by Seema Kaushik on the importance of yoga
Organizing society/Agency/institution- NSS/KNC
Total Number of Participants- 72
Date- 21st June 2017



Report: NSS held its inaugural event on the occasion of International Yoga Day. An hour yoga session was held in the morning at 6:30 am which was followed by Sankalp and National anthem. After this, the speaker for the event Ms. Seema Kaushil delivered a lecture on the importance of yoga in our daily lives.

- 2. Name of Activity :** Lecture on “ Women Entrepreneurship”
Organizing society/Agency/institution- Asar- Entrepreneur Cell, KNC
Total Number of Participants
Date - 6th April 2017

Report : A lecture on “ Women Entrepreneurship” was organised on 6th April 2017. Dr. Ritu Arora, the CEO and Founder of Bonding Exemplary Solutions and Training Pvt. Ltd. (BEST) addressed the students and encouraged them to be future entrepreneurs. Students had put up a stall at Ullas 2017 (the Annual College Festival) and Diwali Mela 2017. They sold handcrafted sandals made in Project Kadam. It generated revenue of Rs. 5300 at Ullas and Rs. 4150 at Diwali Mela.

- 3. Name of Activity:** Panel Discussion on ‘Online Safety for Women
Organizing Society: WDC/KNC
Total No of Participants: 65
Date of the Activity: 4th April 2017





Report: On 4 April 2017, a panel discussion was organized in collaboration with Google and 'She the People' on the theme Online Safety for Women, as part of the digital Shakti Campaign. It was an initiative under the Digital Shakti campaign.

- 4. Name of Activity-** A session on Peace and Values
Organizing society/Agency/institution- Shining Network
Total Number of Participants-30
Date- 3rd April 2017



Report: A session on 'Peace and values' was organised with the principal of Kamala Nehru College, Dr. Kalpana Bhakuni. The session held on 3rd April 2017 was aimed at providing an insight into the objectives and workings of Shining Network. The student members of SN prepared small couplets and citations on the values that they cherish and shared their plans for the forthcoming year towards peacebuilding activities as well as how they would incorporate the mindfulness techniques to cultivate inner peace. To commemorate the event, a bookmark was released with the quote, 'Values are the pearls on the strength of life'. The traditional 'Celebrating diversity through Chutney' event was held after the discussion session.

- 5. Name of Activity-** Rally, pledge & Competitions on World Water day
Organizing Society- NSS

Total number of participants- 78

Date- 22nd March 2017



Report- World Water Day focuses on the importance of universal access to clean water, sanitation and hygiene (WASH) facilities in developing countries. The day also focuses on advocating for the sustainable management of freshwater resources. Water is a limited resource. What each of us does in the world, how we live, does make a difference. As we learn the value of clean, safe water and how scarce it truly is, we can take steps to protect it and to get it to people who lack access today. So to spread awareness and take some action, we conducted a pledge ceremony, followed by a rally. The pledge consisted of taking an oath to conserve water judiciously. The volunteers, then, rallied around the college to aware students about World Water Day through posters and slogans.

6. Name of the activity: Essay Competition titled “Technology in the service of the disabled”

Organizing society: The Equal Opportunity Cell

Number of Participants: 27

Date: 28th February 2017

Report: The Equal Opportunity Cell and Enabling Unit organised a number of activities in the year 2017. An essay competition titled “Technology in the service of the disabled” was organized as per the directives of HRD ministry to observe 28th February 2017 as National Science Day.

7. Name of Activity- oath taking ceremony

Organizing Society- NSS, KNC

Total number of participants- 62

Date- 25th January 2017



PRINCIPAL
KAMALA NEHRU COLLEGE
(University of Delhi)
August Kranti Marg
New Delhi-110049



Report- National Voters Day DATE: 25th January 2017 National Service Scheme of Kamala Nehru College held an oath taking ceremony on the campus grounds. The participants swore to uphold the dignity, democratic and peaceful process of elections in India, and do their part in selection of representatives.

8. Name of Activity- Slogan Making Competition- to make people aware of the hazards of burning crackers

Organizing society/Agency/institution- Green Beans-The Eco Club

Total Number of Participants- 56

Date- 28th October 2016



Report: The environment society conducted an anti-cracker campaign on 28th October 2016 in which the students shouted slogans and made people aware of the hazards of burning crackers.



9. Name of Activity-Interactive session on Benefits of Vedic Nutrition in Modern times'

Organizing Society- Shinning network

Total number of participants- 43

Date- 21st October 2016.



Report- An interactive session was held on 'Benefits of Vedic Nutrition in Modern times' with Dr. Shikha Sharma, a renowned Nutritionist and founder of Nutri Health Wellness Centre, on 21st October 2016. She emphasized on the importance of cultivating Vedic nutritive values for a qualitatively enriching life in modern times. To commemorate the event, a bookmark was released with the quote, 'Exercise is king, nutrition is queen, put them together and you've got a kingdom'.

10. Name of Activity- Consumer Mela, Nukkad Nattak

Organizing society/Agency/institution- Green Beans, The Eco Club: Consumer Club/ Ministry of Consumer Affairs

Total Number of Participants- 62

Date- 20th October 2016

Report: The Consumer Club team enthusiastically participated at Consumer Mela organized by the Ministry of Consumer Affairs on 20th October 2016 at Connaught Place. The team performed "Nukkad Natak" a self-written and directed play about the problems of banking consumers. The play was appreciated by the Secretary, Ministry of Consumer Affairs and the performance was repeated at the same venue in the evening. The team again performed at Dilli Haat, on 27th October 2016 and received huge rounds of applause from the general public.

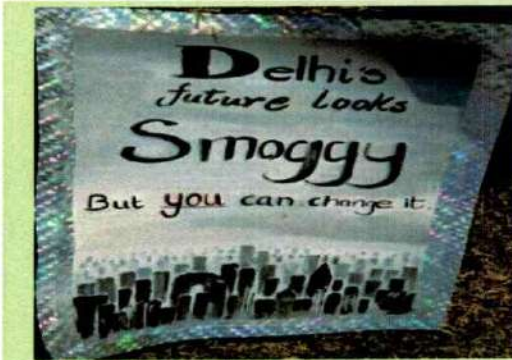
11. Name of Activity- Inter-college event to celebrate World Habitat Day

Organizing society/Agency/institution- Green Beans-The Eco Club

Total Number of Participants- 20

Date- 3rd October 2016





Poster making competition
Theme: Air pollution in Delhi.



A glimpse of paper quilling
competition

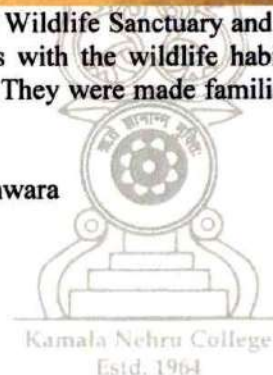
Report: The event on 3rd October 2016 on the occasion of the World Habitat Day turned out to be very successful. It was an inter-college event and was held for the second time since its inception. Cash prizes along with the certificates were awarded to winners. Society members played major role in organizing the event and the planning and execution of the competitions/activities which were all environment-related.

12. Name of Activity- Field excursions to Asola Bhatti Wildlife Sanctuary and Dam Dama Lake
Organizing society/Agency/institution- Green Beans-The Eco Club
Total Number of Participants- 25
Date- 1st October 2016

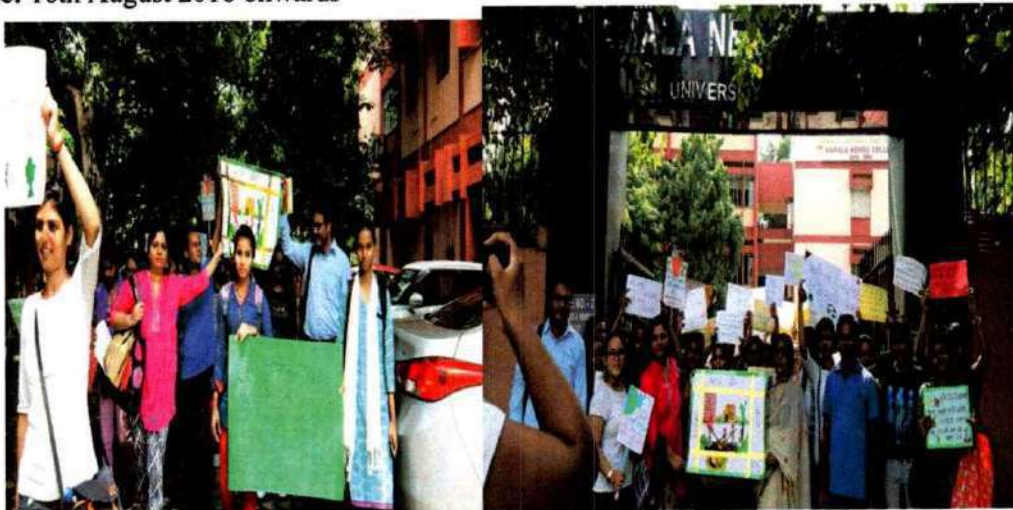


Report: Field excursions to Asola Bhatti Wildlife Sanctuary and Dam Dama Lake were held on 1st October 2016 to familiarize students with the wildlife habitat. It was intended to enable students to develop synergy with nature. They were made familiar with the flora and fauna and the importance of a green environment.

13. Name of the activity: Swachhta Pakhwara



Organizing society: NSS, KNC
Number of participants: 112
Date: 16th August 2016 onwards



Report: 16th August 2016 marked the beginning of the 'Swachhta Pakhwara', a special fortnight campaign, in Kamala Nehru College. The campaign began with the Oath-taking Ceremony on 16th where all the NSS volunteers took an oath to sincerely participate in NSS. The next two days i.e. 17th and 18th August were dedicated towards cleaning every nook and cranny in and around the college. The volunteers were divided into pairs/ small groups and designated various classes. They cleaned the boards and dusted the furniture and arranged them in a neat order. The efforts were not only limited to inside the rooms but also on the grounds, canteen, and auditorium foyer. On the following days, the volunteers went to a nearby village Shahpur Jat. A survey was conducted about the cleanliness conditions of the village and the people, making queries about issues relating to garbage collection and anti-mosquito fumigation in the monsoon months. Another day was spent in spreading awareness about cleanliness and sanitation. The participants went door to door delivering handouts informing the locals about the related agencies. The students also cleaned the lanes of the village, disposing off garbage and collecting biodegradable rejects for future use. Taking the message for a clean Delhi outside College, the students gathered around India Gate to ensure larger outreach. On the last day of the campaign the volunteers acting as "Swachhta Senani" ensured that no garbage was dumped in public places. In this way, the campaign aimed to achieve its goal of spreading awareness about keeping our surroundings clean.

14. Name of the activity: A Talk on Food Safety and Standardization by Dr. Singh.

Organizing society: The Consumer Club

Number of participants:

Date: 29th of September 2016.

Report: The consumer club invited Dr. Singh to talk on food safety and standardisation. Dr. Singh is currently working with Mondelez India Foods Pvt. Ltd. The session was based on briefing the faculty members as well as the students about adulteration in food. Dr. Singh gave references

about real life examples to elucidate on the same and also gave some measures to ensure food safety.

15. Name of the activity: Planting of Medicinal plants.

Organising society: Green Beans Society along with the Garden Committee

Number of participants: 12

Date: 14th August 2016.

Report: On 14th August, Green Beans Society in collaboration with the Garden Committee planted a herbal patch near the bamboo rooms area. Members of the Society planted different types of medicinal plants like lemon tree, ajwain, tulsi, patharchatta and others which the teachers got from the Delhi Government Nursery. The Society conducted a paper quilling workshop on 15th September 2016 which witnessed enthusiastic participation from the college students.

16. Name of Activity- Participation in Doordarsha Program titled 'Meri Beti'

Organizing society/Agency/institution- Consumer Club

Total Number of Participants- 20

Date- 2016

Report: Consumer Club members celebrated the National Consumer Day at Vigyan Bhavan and the topic for discussion this year was Alternative Disputes Resolution for Quick Redressal of Consumer Disputes.

17. Name of Activity- Interactive session & Visit to Unnati-a multipurpose Rehabilitation center of FOC, Najafgarh.

Organizing society/Agency/institution- Gandhi Study Circle & Equal Opportunity Cell

Total Number of Participants- 27

Date- 2016



Report: The students of Equal Opportunity Cell and enabling Unit visited the rehabilitation centre located in Najafgarh, The activity was organized in collaboration with Family of Disabled. It was a learning experience for students.

18. Name of Activity- Cleaning of classrooms, canteen, auditorium, foyer and campus (Cleanliness drive)



Organizing society/Agency/institution- Green Beans

Total Number of Participants-30

Date- 28th July 2016

Report: Cleanliness Drives are fundamental to the working of the environment club of KNC. Through this the club intends to inculcate the habit of keeping the environment clean. The first cleanliness drive of the session was held on 28th July 2016 and was conducted every Thursday after that during which students volunteers cleaned the classrooms, chaupal and pathways.

19. Name of Activity- Plantation Drive

Organizing society/Agency/institution- Green Beans & Gandhi Study Circle

Total Number of Participants-12

Date- 2017



Green Beans Team organized the plantation drive in collaboration with Gandhi Study Circle for the event 'Gandhi Vandan'

Report: A plantation drive was organized by the Environment Club of the college in which a number of plants were planted in the college campus with the objective of making the campus green and sustainable. A number of students, faculty members and staff participated in the drive.

